

RESULTS: XFE CLASSIC: 7 DECEMBER 2024

COMPETITION: XFE 2024

NO.	NAME	PLACING
Junior BB U23yrs		
2	Simon Satywa	1
1	Matthew La Grange	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Body Fitness		
3	Cyndi Henderson	1
4	Candida di Giandomenico	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Wellness		
6	Yolande Terblanche	1
8	Barbara Booyse	2
5	Lucy Marutle	3
7	Hendriette Vos	4

COMPETITION: XFE 2024

NO.	NAME	PLACING
Classic Bodybuilding		
10	Leon Palm	1
9	Freddie Lesar	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Senior Bodybuilding U70kg		
11	Junior Rubusana	1

COMPETITION: XFE 2024

NO.	NAME	PLACING
Senior Bodybuilding U90kg		
13	Simanga Maziya	1
12	Tumagole Vivian Mangena	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Senior Bodybuilding Over 90kg		
14	Neo Sekhobo	1

COMPETITION: XFE 2024

NO.	NAME	PLACING
Ladies Physique		
15	Melanie Ebersohn	1

COMPETITION: XFE 2024

NO.	NAME	PLACING
Beach bikini over 1.63m		
16	Ashlee Sarembock	1
17	Danjelle Swart	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Physique Under 1.78m		
21	Sphamandla Mabanga	1
18	Obothlale Kganane	2
19	Thabiso Mthembu	3
20	Terence Toet	4

COMPETITION: XFE 2024

NO.	NAME	PLACING
Physique Over 1.78m		
22	Rayhan Arshad	1
25	Aidan Jones	2
24	Shaun De Ponte	3
23	micheal bothma	4

COMPETITION: XFE 2024

NO.	NAME	PLACING
Physique Over 40 yrs		
26	Gershom Ndindani	1
20	Terence Toet	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Bikini under 1.66m		
28	Callista Prinsloo	1
27	Chirmone Diedericks	2

COMPETITION: XFE 2024

NO.	NAME	PLACING
Bikini over 1.66m		
31	Maritza Maritz	1
29	Bianca Brits	2
30	Melanie Dowson	3

COMPETITION: XFE 2024

NO.	NAME	PLACING
Bikini over 35yrs		
30	Melanie Dowson	1

COMPETITION: Classic Physique

NO.	NAME	PLACING
Classic Physique		
35	Mdudzi Radebe	1
33	Leon Palm	2
34	Flippie Vos	3
32	Neschian Kruger	4

COMPETITION: XFE 2024

NO.	NAME	PLACING
Muscular Physique		
36	Mark Bell	1

Overalls

DIVISIONS	NUMBER	ATHLETE	WINNER
Bb U23yrs	1	Matthew La Grange	
BB U70kg	11	Junior Rubusana	
BB U90kg	12	Tumagole Vivian Mangena	1
BB Over 90kg	14	Neo Sekhobo	
Physique U1.78m	20	Terence Toet	
Physique O 1.78m	22	Rayhan Arshad	1
Physique O 40 yrs	26	Gershom Ndindani	
Bikini (Bikini Fitness) u1.66m	27	Chirmone Diedericks	
Bikini O 1.66m	30	Melanie Dowson	1
Bikini O 35yrs	30	Melanie Dowson	

Athlete not present