

IFBB EAST COAST CLASSIC 2019**RESULTS**

Juniors under 23 under 75kg			
<u>No.</u>	<u>Name</u>	<u>Gym</u>	<u>Place</u>
2	Mandisi Majova	Push & Pull Gym	1
1	Zolani Khoza	MUT	2
5	Ntuthuko Dlamini	Max's Gym	3
3	Mawanda Pikiso	Wild Coast Fitness Centre	4
7	Siyanda Nxele	Iron Soldier	5
4	Thabo Lumkwana	Push & Pull Gym	6
Juniors Under 23 over 75kg			
10	Sandile Nkosi	Size Factory (Team Sayizi)	1
8	Langelihle Ngcobo	ORA Gym	2
11	Ndumsio Dlamini	Max's Team	3
9	Siphesihle Hlubi	Fitness Company	4
Ladies Body Fitness			
17	Alyssa Ramdass	Virgin Active Gateway	1
16	Jessie-Dale Rodriguers	Superbodies Margate	2
Over 40			
23	Mhawakelwa Malinga	Iron Soldiers	1
24	Jerome Myeza	Max's Team	2
22	Mduduzi Phakati	Matsui Karate	3
Fitness Bikini over 35			
27	Jacqueline Lewis	Lewis Living	1
30	Biance Pavlou	Hayley T-Rex Wright	2
28	Cher Lawrence	East Coast Health	3
31	Simone Janse van Rensburg	Virgin Active Toti	4
29	Vanessa David	Virgin Active Cornubia	5
Mens Classic BB			
34	Chris Kolia	Virgin Active Gateway	1
33	Simphiwe Ngubane	East Coast Health	2
Beach Bikini under 163cm			
43	Cheryldene Jonk	Virgin Active Centurion	1
42	Lucia Nduvu	UKZN Westville	2
64	Erica Francis	Rock Gym	3
Novice Men one lineup			
50	Bonginkosi Nene	UKZN Westville	1
49	Nkosiphendule Nombanywana	Push and Pull	2
52	S'Fundo Kunene	Garage Active Emondlo	3
48	Thabani Ngcobo	Planet Fitness	4
Beach Bikini over 163cm			
55	Kim Buys	Virgin Active Hillcrest	1
56	Alisha Perumal	Raw Fit	2
Fitness Bikini under 163cm			
66	Paige Harborth	Planet Fitness PMB	1
65	Deodat du Plessis	Virgin Active Gateway	3
62	Arina de Jesus	Virgin Active Cascades PMB	2

67	Kayleigh Harper	Virgin Active Hillcrest	4
63	Odette Hughes	Toyota	5
	<u>Mens Athletic Physique u176</u>		
70	Lize Nonjola	UKZN PMB	1
73	Halalisani Ndlovu	UKZN PMB	2
125	Sezo Cele	ORA Gym	3
69	Dylan de Bruine	Planet Fitness Liberty Mall	4
72	Nhlakanipho Mhlongo	UKZN PMB	5
126	Sinethemba Gumede	Pure Fitness	6
	<u>Fitness Bikini over 163cm</u>		
76	Tammy Botha	Virgin Active Cascades PMB	1
	<u>Men Athletic Physique o176</u>		
82	Wesleigh Myburgh	Planet Fitness Liberty Mall PMB	1
83	Kenneth Masiza	Motion Fitness Mthatha	2
84	Siphamandla Dladla	Ixopo Fitness SA	3
52	S'Fundo Kunene	Garage Active Emondlo	4
	<u>Ladies Wellness Fitness</u>		
89	Demi Kriel	Off the Grid Athletic	1
88	Marcia Ngubane	PMB Msuthu Fitness Island	2
	<u>Muscular Physique</u>		
95	Aadil Khan	1st Fitness	1
97	Msizi Majola	Body Physique	2
96	Cullen Treurnich	Virgin Active	3
	<u>Men under 70kg</u>		
107	Mzwandile Mbatha	Hardbody Gym	1
102	Mbhekisuni Mdletshe	MUT Gym	3
104	Mzolisiz Njiva	Push & Pull Gym	2
103	Olwethu Nciki	UKZN PMB	4
105	Njabulo Mbandlwa	Planet Fitness	5
106	Michael Miya	Genesis Gym	6
	<u>Men 70kg to 80kg</u>		
130	Miguel Malimo	Play Gym	1
135	Jean Rasman	ORA Gym	2
113	Ziphokamiso Mlengana	Planet Fitness	3
110	Sanga Gijana	Virgin Active East London	4
111	Zwelakhe Sshangase	Hammersdale Hardcore	5
108	Knowledge Mapfuno	Pure Fitness	6
	<u>Men over 80kg</u>		
116	Lindo Xulu	Team Iron Soldier	1
115	Bukhosi Jikiwa	Push and Pull	2
117	Sandile Sibiya	Max's Team	3
119	Siphesihle Gift Msomi	ORA Gym	4
118	Mpendulo Zungu	Max's Team	5
	<u>Ladies Overall</u>		
66	Paige Harborth	Planet Fitness PMB	
	<u>Mens Overall</u>		
130	Miguel Malimo	Play Gym	