



## 2021 IFBB/BBSA CALENDAR

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Updated: 31/08/2021

| <u>Date</u>           | <u>Event</u>  | <u>Venue</u>   |
|-----------------------|---|--|
| <b>SEPTEMBER</b>      |   |  |
| 4                     | Northern Cape Provincials                                       | Kalahari Country Golf Club, Kathu  |
| 4                     | Sedibeng Provincials <b>[New date: 18/08/2021]</b>              | <b>Now combined with Ekurhuleni &amp; West Rand Provincials</b>                |
| 11                    | Gauteng Central Provincials                                     | Walter Sisulu Sports Hall, Randburg  |
| 11                    | Buffalo City Provincials  | Cambridge Town Hall, Mayfair Avenue, East London                               |
| 18                    | Combined Ekurhuleni & West Rand & Sedibeng Provincials          | Walter Sisulu Sports Hall, Randburg  |
| 18                    | KZN Provincials [Open Bodybuilding & Fitness Championships]     | The Station Urban Event Venue, 65 Masabalala Yengwa Ave, Stamford Hill, Durban |
| 18                    | Nelson Mandela Bay Provincials                                  | Nelson Mandela Bay - TBA   |
| 25                    | OR Tambo Body Building Championships                            | Mthatha Mayfair Hotel, Errol Spring Avenue, Mthatha [Umtata]                   |
| <b>OCTOBER</b>        |   |  |
| <b>1 - 3</b>          | <b>IFBB South African National Championships</b>                | <b>Walter Sisulu Sports Hall, Randburg</b>                                     |
| TBA                   | Capping Ceremony  | Sandton, Gauteng   |
| 9                     | <i>Sunfest Cape Town [Arnold Qualifier]</i>                     | Cape Town - TBA  |
| 9                     | <i>Millennium Gold Plate [Arnold Qualifier]</i>                 | Woodlands International College, Boksburg, JHB                                 |
| 23                    | <i>Sunfest Polokwane [Arnold Qualifier]</i>                     | Polokwane - TBA  |
| 30                    | <i>Mr &amp; Miss West Rand (DGN Classic) [Arnold Qualifier]</i> | Silver Star Casino, Mogale City, Krugersdorp, Gauteng                          |
| 30                    | <i>Nelson Mandela Bay Muscle Challenge [Arnold Qualifier]</i>   | Boardwalk Casino, Port Elizabeth   |
| <b>NOVEMBER</b>       |   |  |
| <b>3 - 8 November</b> | <b>IFBB Combined World Championships &amp; Congress</b>         | <b>Santa Susanna, Spain</b>  |
| 6                     | <i>Sunfest Witbank [Arnold Qualifier]</i>                       | Witbank - TBA  |
| 13                    | <i>Boksburg Classic [Arnold Qualifier]</i>                      | Gauteng - TBA  |
| <b>20 - 21</b>        | <b>Arnold Amateur Bodybuilding &amp; Fitness</b>                | <b>Walter Sisulu Sports Hall, Randburg</b>                                     |
| <b>DECEMBER</b>       |   |  |
| 4                     | <i>Sunfest Durban [Arnold Qualifier]</i>                        | Durban - TBA   |
| <b>2022</b>           |   |  |
| 09-Apr                | <i>TBTF Classic [Arnold Qualifier]</i>                          | Nelspruit, Mpumalanga - TBA  |