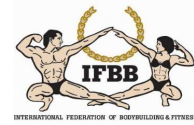




2022 IFBB/BBSA CALENDAR

For more information, visit our webpage: <https://www.ifbbsa.co.za/>



Updated: 21/12/2021

<u>Date</u>	<u>Event</u>	<u>Venue</u>
FEBRUARY		
19-Feb	Judges Refresher course - Gauteng Central [9h00]	Gauteng, TBA
19-Feb	New Judges course - Gauteng Central [11h00]	Gauteng, TBA
26-Feb	New Judges / Refresher course - Gauteng North	Gauteng, TBA
26-Feb	New Judges / Refresher course - Mpumalanga	Mpumalanga, TBA
26-Feb	New Judges / Refresher course - Nelson Mandela Bay	Gqeberha, Nelson Mandela, TBA
MARCH		
05-Mar	New Judges Exam - Gauteng Central	Gauteng, TBA
05-Mar	New Judges / Refresher & Athlete Seminar - Northern Cape	The Fitness Factory, Kathu, Northern Cape
12-Mar	New Judges Exam - Gauteng North	Gauteng, TBA
12-Mar	Posing Seminar in Gauteng [10h00 - 13h00]	Wayne's Gym, Centurion
12-Mar	Athletes Seminar - Gauteng Central	Gauteng, TBA
19-Mar	Athletes Seminar - Gauteng North	Gauteng, TBA
19-Mar	Judges Refresher & New Judges Course - KZN	KwaZulu Natal, TBA
19-Mar	Athletes Seminar - KwaZulu Natal	KwaZulu Natal, TBA
19-Mar	<i>Sunfest North West [Arnold Qualifier]</i>	North West, TBA
26-Mar	Combined Gauteng Province Novice Show	Gauteng, TBA
26-Mar	New Judges Exam - KwaZulu Natal	KwaZulu Natal, TBA
26-Mar	Mpumalanga Novice Show	Mpumalanga, TBA
27-Mar	New Judges Exam - Nelson Mandela	Gqeberha, Nelson Mandela, TBA
APRIL		
02-Apr	Kathu Classic	Kalahari Country Club, Kathu, Northern Cape
09-Apr	KZN Ironman Novice	Westville Civic Centre, Durban
09-Apr	<i>TBTF Classic [Arnold Qualifier]</i>	Nelspruit, Mpumalanga - TBA
09-Apr	<i>Millenium Gold Plate [Arnold Qualifier]</i>	Gauteng, TBA
23-Apr	<i>Sunfest Free State [Arnold Qualifier]</i>	Free State, TBA
30-Apr	Nelson Mandela Bay Novice Show	Gqeberha, Nelson Mandela, TBA
MAY		
07-May	<i>Sunfest Gauteng [Arnold Qualifier]</i>	Gauteng, TBA
20-22-May	Arnold Classic Africa	TBA
JUNE		
11-Jun	<i>Sunfest Northern Cape [Arnold Qualifier]</i>	Kalahari Country Club, Kathu, Northern Cape
10-12 Jun	<i>IFBB World Children Championships</i>	<i>Serbia</i>
25-Jun	Friendly City Classic	Gqeberha, Nelson Mandela, TBA
JULY		
02-Jul	<i>USSA National Bodybuilding & Fitness 2022 [Sanctioned Show]</i>	Gauteng, TBA
09-Jul	Ekurhuleni & West Rand Combined Provincials	Gauteng, TBA
09-Jul	East Coast Classic Intermediate Show	Westville Civic Centre, Durban
16-Jul	Posing Seminar in Gauteng [10h00 - 13h00]	Wayne's Gym, Centurion
16-Jul	<i>Sunfest Eastern Cape [Arnold Qualifier]</i>	Eastern Cape, TBA
23-Jul	<i>Boksburg Classic [Arnold Qualifier]</i>	Gauteng, TBA
30-Jul	Gauteng North Provincials	Arto Theatre, C/o Van der Hoff, Zandfontein, Pretoria
30-Jul	<i>Champions Arise [Arnold Qualifier]</i>	Bloemfontein, TBA
30-Jul	Sedibeng Provincials	Sedibeng, TBA
AUGUST		
06-Aug	Limpopo Provincials	Limpopo, TBA
06-Aug	Mpumalanga Provincials	Mpumalanga, TBA
06-Aug	Northern Cape Provincials	Kalahari Country Club, Kathu, Northern Cape
13-Aug	Gauteng Central Provincials	Gauteng, TBA
13-Aug	Western Province Provincials	Western Province, TBA
20-Aug	KZN Provincials	KwaZulu Natal, TBA
27-Aug	North West Provincials	North West, TBA
27-Aug	Nelson Mandela Bay Provincials	Gqeberha, Nelson Mandela, TBA

<u>Date</u>	<u>Event</u>	<u>Venue</u>
SEPTEMBER		
2-4 Sept	IFBB South African National Championships	TBA
2-4 Sept	IFBB World Fit Model Championships	Ukraine, Ukraine
17-Sept	Sunfest Western Cape [Arnold Qualifier]	Western Cape, TBA
OCTOBER		
TBA	Capping Ceremony	Sandton, Gauteng
01-Oct	Mr & Miss West Rand DGN Classic [Arnold Qualifier]	Gauteng, TBA
29-Oct	Sunfest Limpopo [Arnold Qualifier]	Limpopo, TBA
13 - 17 Oct	IFBB World Fitness Championships	Yeongju, Republic of Korea
NOVEMBER		
3 - 7 Nov	IFBB World Bodybuilding & Fitness Championships & Congress	TBA
19-Nov	Sunfest Mpumalanga [Arnold Qualifier]	Mpumalanga, TBA
24 - 28 Nov	IFBB World Junior & Masters, Fitness and Fitness Challenge Championships	TBA
DECEMBER		
03-Dec	Sunfest KZN [Arnold Qualifier]	KwaZulu Natal, TBA