



PROGRAM AND RUNNING ORDER **SUNFEST LIMPOPO SATURDAY 5 OCTOBER 2024**

*Line ups may be combined if less than 3 athletes for a line up registered.
The Promoter has the right to change the program at any time.*

Weigh in:

- Friday 17:00 – 19:00 (Wear bikini / posing trunk / girls bring shoes)
- Saturday 09:00 – 10:00 (Wear bikini / posing trunk / girls bring shoes)

Tickets at the door:

- Full day R250
- Kids under 8yrs Free
- Backstage full day R500

PROGRAM 11H00 – 13H00

Bodybuilding

(u/23, u/70kg, u/80kg, u/90kg, o/90kg, master's over 40)

Ladies Bikini

(Jnr u/23, u/166cm, o/166cm, over 35)

Ladies Beach Bikini

(u/166cm, o/166cm)

Ladies Body Fitness

(One line up)

Classic Bodybuilding

(u/175cm, o/175cm)

Ladies Physique

(One line up)

PROGRAM 13H30 – 15H00

Ladies Fit Model one line up (Costume)

Ladies Physique

(One line up)

Men's Physique

(u/178cm, o/178cm, masters)

Ladies Wellness

(u/166cm, o/166cm)

Muscular Physique

(One line up)

Ladies Fit Model – (Dress)

Men's Classic Physique (u/175cm, o/175cm)

OVERALL