



**PROGRAM AND RUNNING ORDER**  
**SUNFEST GAUTENG 4 MAY 2024**

*After registration online, you will be added to the group.  
Below is a tentative time schedule; any changes will be shared on the group.  
Line ups may be combined if less than 3 athletes for a line up registered.  
The Promoter has the right to change the program at any time.*

**Weigh in:**

- **Friday NO WEIGH IN OR TANNING**
- Saturday 08:00 – 10:00 (Wear bikini / posing trunk / girls bring shoes)
- Saturday 07:30 – 9:30 – Base coat tanning

**Athlete Registration:** (See link below poster [www.ifbbsa.co.za](http://www.ifbbsa.co.za))

- Affiliation 2024 online only           R300
- Online payment                           R500
- Online payment for cross over       R500
- On the day payment                   R800
- On the day cross over                 R500

**Tickets at the door:**

- Full day                                   R250
- Kids under 8yrs                       Free
- Backstage per session               R350 (include auditorium access)
- Backstage full day                   R500 (include auditorium access)

**Show times:** (Size of the event will determine how many sessions)

- Session 1                   11:00 – 12:30           Each show TBC
- Session 2                   13:00 – 14:30           Each show TBC

**Onsite Tan:**

- Jan Tana                               R750                   Book online with link below poster.
- Base coats on **SATURDAY 7H30 TO 9H30**. NO BASE COATS ON FRIDAY.
- Schedule and skin preparation will be shared one week before the show on the tan group.

**Hair & make up:**

- Service provider for each event may be different.
- Price On request. See link below poster for contact information.



**SESSION 1 (11H00 – 12H30)**

**Ladies Fit Model one line up (Costume)**

**Bodybuilding**

(u/23, u/70kg, u/80kg, u/90kg, o/90kg, master's over 40)

**Ladies Beach Bikini**

(u/166cm, o/166cm)

**Ladies Body Fitness**

(One line up)

**Classic Bodybuilding**

(u/175cm, o/175cm)

**Ladies Physique**

(One line up)

**Ladies Fit Model – (Dress)**

**Overall Bodybuilding \* Overall Beach Bikini \* Classic BB**

**SESSION 2 (13H00 – 14H30)**

**Ladies Physique**

(One line up)

**Men's Physique**

(u/178cm, o/178cm, masters)

**Ladies Wellness**

(u/166cm, o/166cm)

**Muscular Physique**

(One line up)

**Ladies Bikini**

(Jnr u/23, u/166cm, o/166cm, over 35)

**Men's Classic Physique (u/175cm, o/175cm)**

**Overall Men's Physique \* Overall Ladies Bikini \* Overall Ladies Wellness \*  
Overall Classic Physique**

**LIVE JUDGING - The promoter holds the right to change or combine line ups!**