

**Gauteng North & Ekuruleni Regionals****RESULTS****5 August 2023**

Place	Name		Province / District	No.
	<b><u>SESSION 1</u></b>			
	<b><u>Novice</u></b>			
	<b><u>Novice Bodybuilding u80kg</u></b>			
1	Tokisho	Thobejane	Gauteng North	91
2	Mahlomola	Matsau	Gauteng North	92
3	Mpho	Makondelela	Gauteng North	94
4	Nicholas	Allen	Gauteng North	90
5	Ofentse	Baloyi	Gauteng North	93
6	Marothi	Tivane	Gauteng North	95
	<b><u>Novice Bodybuilding over 80kg</u></b>			
1	Sello	Mashinini	Gauteng North	96
	<b><u>Novice Mens Physique</u></b>			
1	Taelo Alfred	Maloka	Gauteng North	98
2	Koketso	Pule	Gauteng North	100
3	Tshepo Mashino	Mafihla	Gauteng North	99
4	Trust	Tibane	Gauteng North	103
5	Shaun-Jaymz	Curry	Gauteng North	97
6	Dewald	Raven	Gauteng North	104
	<b><u>Novice Ladies Bikini</u></b>			
1	Odette	Van Jaarsveldt	Gauteng North	106
2	Danelle	Du Rand	Gauteng North	108
3	Christina	Oosthuizen	Gauteng North	105
4	Pumzile	Molimi	Gauteng North	107
	<b><u>Ladies Beach Bikini</u></b>			
	<b><u>Under 163cm</u></b>			
1	Cherine	Vermeulen	Gauteng North	110
2	Natasia	Mata	Gauteng North	159
	<b><u>Over 163cm</u></b>			
1	Kelly	Schmidt	Gauteng East	114
2	Cindy-Lee	Burrell	Gauteng East	111
3	Danelle	Du Rand	Gauteng North	108
4	Shenique	Miny	Gauteng North	112
	<b><u>Under 166cm</u></b>			
1	Stashia	Smit	Gauteng North	115
2	Estelle	Swart	Gauteng North	116
	<b><u>Over 166cm</u></b>			
1	Monique	Prins	Gauteng West Rand	119
2	Kara-Lyn	Conradie	Gauteng North	117
3	Bianca	Visagie	Gauteng North	120

Place	Name		Province / District	No.
4	Christina	Oosthuizen	Gauteng North	118
	<b><u>Over 35 years</u></b>			
1	Odette	Van Jaarsveldt	Gauteng North	124
2	Kara-Lyn	Conradie	Gauteng North	121
3	Alicia	Willemse	Gauteng North	122
4	Geraldene	Vorster	Gauteng North	126
5	Estelle	Swart	Gauteng North	125
6	Leona	Bullock	Gauteng North	123
	<b><u>Classic Physique</u></b>			
1	John-Jaquas	Murray	Gauteng North	127
2	Kgavgelo	Lehong	Tembisa	129
3	Junior C	Gwangware	Gauteng North	133
4	Ian	Smith	Gauteng North	128
5	Mlondolozzi	Sibanda	Gauteng North	131
6	Siphelele	Shange	Gauteng North	130
	<b><u>SESSION 2</u></b>			
	<b><u>Ladies Fit Model</u></b>			
1	Kara-Lyn	Conradie	Gauteng North	121
2	Cherine	Vermeulen	Gauteng North	110
3	Kelly	Schmidt	Gauteng East	114
4	Cindy-Lee	Burrell	Gauteng East	134
5	Adre	Muller	Gauteng North	135
6	Geraldene	Vorster	Gauteng North	126
	<b><u>Classic Bodybuilding</u></b>			
1	Zolisile	Nyembezi	Gauteng North	138
2	Kamogelo (M.K.)	Lafading	Gauteng North	137
3	Nico	Marais	Gauteng North	136
	<b><u>Ladies Wellness</u></b>			
1	Uzette	Zandberg	Gauteng North	140
2	Belinda	Knell	Gauteng North	141
3	Monno	Mohlala	Gauteng North	139
	<b><u>Men's Physique</u></b>			
	<b><u>under 178cm</u></b>			
1	Dewald	Raven	Gauteng North	103
2	Terence	Toet	Gauteng North	142
3	Jacques	Badenhorst	Gauteng North	101
4	Zenzele	Thwala	Gauteng North	102
	<b><u>over 178cm</u></b>			
1	Lethabo	Ndlovu	Gauteng North	143
	<b><u>Ladies Body Fitness</u></b>			
1	Anelda	Hattingh	Gauteng East	147

Place	Name		Province / District	No.
2	Anei	Visser	Gauteng North	145
3	Shadine	Nortje'	Gauteng North	144
4	Nicolene	Louw	Gauteng East	146
	<b><u>Bodybuilding</u></b>			
	<b><u>Junior under 23yrs</u></b>			
1	Mlondolozzi	Sibanda	Gauteng North	131
2	Kelly	Magerman	Gauteng North	148
3	Siphelele	Shange	Gauteng North	130
4	Nicholas	Allen	Gauteng North	90
5	Matthew	Jacobs	Gauteng North	149
	<b><u>under 70kg</u></b>			
1	Tokisho	Thobejane	Gauteng North	91
2	Mpho	Makondelela	Gauteng North	94
3	Mahlomola	Matsau	Gauteng North	92
	<b><u>under 80kg</u></b>			
1	Roshan	Roelofse	Gauteng North	152
2	Zolisile	Nyembezi	Gauteng North	138
3	Phineas	Chabalala	Gauteng North	153
4	Nico	Marais	Gauteng North	136
5	Charl	De Kock	Gauteng North	150
6	Ofentse	Baloyi	Gauteng North	93
	<b><u>under 90kg</u></b>			
1	Charles (Chuck)	Luck	Gauteng North	154
2	Allan	Magura	Gauteng North	132
	<b><u>over 90kg</u></b>			
1	Rudi	Erasmus	Gauteng North	155
	<b><u>Masters over 40years</u></b>			
1	Sean	Saville	Gauteng North	156
2	Braam	Verryn	North West	158
3	Andrew	Parsons	Gauteng North	157
4	Douglas	Bullock	Gauteng North	151