

Free State Provincials**RESULTS****29 July 2023****ENGO Youth Centre**

Place	Name	Province / District	No.
	<u>SESSION 1</u>		
	<u>Ladies Bikini</u>		
	<u>Under 166cm</u>		
1	Portia Thothela	Motheo (Bloemfontein)	71
2	Ria Niemand	Motheo (Bloemfontein)	86
	<u>Over 166cm</u>		
1	Karin Hanekom	Motheo (Bloemfontein)	72
2	Adriana De Beer	Motheo (Bloemfontein)	79
	<u>Classic Bodybuilding</u>		
1	Reginald Lekone	Motheo (Bloemfontein)	73
	<u>Masters over 40years</u>		
1	Jakobus Basson	Motheo (Bloemfontein)	74
	<u>Ladies Beach Bikini</u>		
	<u>Junior under 23 yrs</u>		
1	Charni Strydom	Motheo (Bloemfontein)	76
2	Miche Johns	Motheo (Bloemfontein)	75
	<u>Over 163cm</u>		
1	Chani Strydom	Motheo (Bloemfontein)	76
2	Miche Johns	Motheo (Bloemfontein)	75
3	Elize Eagar	Motheo (Bloemfontein)	77
	<u>Ladies Wellness</u>		
1	Julia Matseke	Motheo (Bloemfontein)	78
	<u>Bikini O35</u>		
1	Portia Thothela	Motheo (Bloemfontein)	71
2	Ria Niemand	Motheo (Bloemfontein)	86
	<u>SESSION 2</u>		
	<u>Men's Classic Physique</u>		
1	Zander Botha	Motheo (Bloemfontein)	83
2	Werner Rembold	Motheo (Bloemfontein)	82
3	Lohan Swart	Motheo (Bloemfontein)	80
4	Edwin Harmse	Motheo (Bloemfontein)	81
	<u>Men's Physique</u>		
	<u>under 178cm</u>		
1	Keenan Fredericks	Motheo (Bloemfontein)	84
	<u>over 178cm</u>		
1	Francios De Bruin	Motheo (Bloemfontein)	85
	<u>Bodybuilding</u>		
	<u>under 90kg</u>		
1	Thomas Antonio	Motheo (Bloemfontein)	87
2	Kobus Basson	Motheo (Bloemfontein)	74