

**Sedibeng Regional Championships****RESULTS**

Place	Name		Province / District	No.
	<b><u>Bodybuilding</u></b>			
	<b><u>Junior under 23yrs</u></b>			
1	Xolani	Mtande	Sedibeng	2
2	Tshepang	Ernest	Sedibeng	3
3	Sfiso	Letseleha	Sedibeng	1
	<b><u>under 70kg</u></b>			
1	Lehlohonolo	Mnisi	Sedibeng	2
2	Sibusiso	Buthelezi	Sedibeng	1
	<b><u>under 80kg</u></b>			
1	Juandre	Van Eden	Sedibeng	1
2	Mpho Edward	Pheto	Sedibeng	3
3	Tebeho	Mothomogolo	Sedibeng	2
	<b><u>Ladies Wellness</u></b>			
1	Alta	Pearson	Sedibeng	1
	<b><u>Bodybuilding</u></b>			
	<b><u>under 90kg</u></b>			
1	Bryan	Nilson	Sedibeng	1
2	Jaco	Steyn	Sedibeng	2
	<b><u>over 90kg</u></b>			
1	Morne	Erasmus	Sedibeng	2
2	Elias	Freitas	Sedibeng	1
	<b><u>Masters over 40years</u></b>			
2	Elias	Freitas	Sedibeng	2
1	Jaco	Steyn	Sedibeng	1
	<b><u>Men's Classic Physique</u></b>			
1	Ayanda	Piyo	Sedibeng	1
2	Jean	Du plessis	Sedibeng	2
3	Xolani	Mtande	Sedibeng	3
	<b><u>Novice Bodybuilding under 80kg</u></b>			
1	Sfiso	Letseleha	Sedibeng	1
	<b><u>Mixed Pairs</u></b>			
1	Ayanda & Samkelisiwe			1
	<b><u>Classic Bodybuilding</u></b>			
1	Mthandei Denelson	Radebe	Sedibeng	3
2	Jaco	Janse van Rensburg	Sedibeng	4
3	Tshidiso Bennett	Khobi	Sedibeng	2
4	Michael	Du Toit	Sedibeng	5
5	Wesley	Nkuna	Sedibeng	1
	<b><u>Men's Physique</u></b>			
	<b><u>under 178cm</u></b>			
1	Lucky	Kukame	Sedibeng	2
2	Moses	Paneng	Sedibeng	5
3	Mahlatse	Malatji	Sedibeng	3

Place	Name	Province / District	No.
4	Lehlohonolo Seokotsa	Sedibeng	1
5	Ntokozo Radebe	Sedibeng	4
6	Thapelo Sefala	Sedibeng	6
	<b><u>over 178cm</u></b>		
1	Mthokozisi Zuma	Sedibeng	3
2	Johan Fouche	Sedibeng	2
3	Gcina Sibisi	Sedibeng	1
	<b><u>Ladies Body Fitness</u></b>		
1	Zanandi Janse van Rensburg	Sedibeng	2
2	Elizabeth Compaan	Sedibeng	1
	<b><u>Ladies Bikini</u></b>		
	<b><u>Junior under 23 yrs</u></b>		
1	Denise Van Dyk	Sedibeng	1
	<b><u>Over 164cm</u></b>		
1	Denise Van Dyk	Sedibeng	1
	<b><u>Senior</u></b>		
	<b><u>Beach Bikini</u></b>		
1	Zandilee Theron	Sedibeng	3
2	Marisa Siegruhn	Sedibeng	1
3	Angie Samuels	Sedibeng	5
4	Shari Igwe	Sedibeng	4
5	Samkelisiwe Maseko	Sedibeng	2
	<b><u>Ladies Fit Model</u></b>		
1	Kisia Steyn	Sedibeng	1
2	Zandilee Theron	Sedibeng	3
3	Cherise Swarts	Sedibeng	2