

**Northern Cape Provincials****RESULTS**

<b>Place</b>	<b>Name</b>	<b>Province / District</b>	<b>No.</b>
	<b><u>SESSION 1</u></b>		
	<b><u>Men's Physique</u></b>		
	<b><u>under 178cm</u></b>		
1	Tebogo Gopane	Kgalagadi (Kathu)	1
2	Thabiso Vilakasi	Kgalagadi (Kathu)	2
3	Aubrey Setlhodi	0	3
	<b><u>over 178cm</u></b>		
1	Louwrens van Heerden	Frances Baard (Kimberley)	4
2	Francois de Bruin	Frances Baard (Kimberley)	5
3	Stephen Burke	Kgalagadi (Kathu)	6
	<b><u>Masters</u></b>		
1	Rudy Dexter	Kgalagadi (Kathu)	7
	<b><u>Ladies Beach Bikini</u></b>		
	<b><u>Over 163cm</u></b>		
1	Marli-Chantell Vorster	Siyanda (Upington)	8
	<b><u>Ladies Bikini</u></b>		
	<b><u>Under 166cm</u></b>		
1	Nashrodene Coetzee	Kgalagadi (Kathu)	10
2	Ana Guerd	0	9
	<b><u>Over 166cm</u></b>		
1	Monique Rossouw	Siyanda (Upington)	11
2	Janine Visser	Siyanda (Upington)	12
	<b><u>Over 35 years</u></b>		
1	Nashrodene Coetzee	Kgalagadi (Kathu)	10
2	Elrika van den Berg	Siyanda (Upington)	13
	<b><u>Ladies Wellness</u></b>		
1	Janine Visser	Siyanda (Upington)	12
	<b><u>Ladies Body Fitness</u></b>		
1	Heilie Esterhuysen	Kgalagadi (Kathu)	14
	<b><u>Ladies Fit Model</u></b>		
1	Ana Guerd	0	9
	<b><u>SESSION 2</u></b>		
	<b><u>Mixed Pairs</u></b>		
1	Thabiso & Nashrodene	Kgalagadi (Kathu)	15

Place	Name	Province / District	No.
	<b><u>Men's Classic Physique</u></b>		
1	Carlo Booysen	Kgalagadi (Kathu)	21
2	Matthew Wilkins	Kgalagadi (Kathu)	28
3	David du Plessis	Kgalagadi (Kathu)	16
4	Wessel Swart	Siyanda (Upington)	18
5	Edman Matthys	Siyanda (Upington)	20
6	Edwin Harms	Motheo (Bloemfontein)	17
7	Shawn Zeelie	Frances Baard (Kimberley)	19
	<b><u>Classic Bodybuilding</u></b>		
1	Neil Murphy	Frances Baard (Kimberley)	22
2	David du Plessis	Kgalagadi (Kathu)	16
	<b><u>Bodybuilding</u></b>		
	<b><u>Junior under 23yrs</u></b>		
1	Matthew Wilkins	Kgalagadi (Kathu)	28
2	Carlo Booysen	Kgalagadi (Kathu)	21
	<b><u>Masters over 40years</u></b>		
1	Neil Murphy	Frances Baard (Kimberley)	22
2	George Poolman	Kgalagadi (Kathu)	23
	<b><u>under 70kg</u></b>		
1	Joao Luciano	Kgalagadi (Kathu)	24
	<b><u>under 80kg</u></b>		
1	Joseph Weber	Frances Baard (Kimberley)	26
2	Nicholas Makinana	0	25
	<b><u>under 90kg</u></b>		
1	Tumelo Sedia	0	27