

KZN Provincials 2023**RESULTS**

Place	Name		Province / District	No.
	<u>Men's Physique</u>			
	<u>under 178cm</u>			
1	Ronan	Farquharson	Ethekwini (Durban)	6
2	Mvelo	Khumalo	Ethekwini (Durban)	2
3	Yamkela	Diya	Ugu (Port Shepstone)	10
4	Daanyaal	Ally	Ethekwini (Durban)	5
5	Fortune	Buthelezi	Ethekwini (Durban)	4
6	Jaco	Gouws	UThungulu (Richards Bay)	9
	<u>over 178cm</u>			
1	Jason Lloyd	Hook	Ethekwini (Durban)	13
2	Bruce	Scott	Ethekwini (Durban)	12
	<u>Men's Classic Physique</u>			
1	Zwelihle	Mbatha	UThungulu (Richards Bay)	15
2	Chad	Roux-Nel	Ethekwini (Durban)	16
3	Nkululeko "Mgure"	Sikhakhane	Umgungundlovu (Pietermaritzburg)	19
4	Mzwandile	Buthelezi	UThungulu (Richards Bay)	17
5	Micah	Moritz	Ethekwini (Durban)	18
6	Simeon	Goddard	Umgungundlovu (Pietermaritzburg)	14
	<u>Men's Muscular Physique</u>			
1	Kiran	Singh	Ethekwini (Durban)	22
2	Jeremy	James	Ethekwini (Durban)	20
3	Asif	gani	Umgungundlovu (Pietermaritzburg)	21
4	Bradley	Osborn	Ethekwini (Durban)	23
	<u>Ladies Wellness</u>			
	<u>under 166cm</u>			
1	Tehila	Helberg	Ugu (Port Shepstone)	26
2	Blaise	Plaatjes	Ethekwini (Durban)	27
3	GENEVIEVE	JOUBERT	Ethekwini (Durban)	24
	<u>over 166cm</u>			
1	Jasmin	Borstlap	Ethekwini (Durban)	84
2	Sinethemba Perfect	Cele	Ugu (Port Shepstone)	29
3	Elizea	Van Rensburg	Ethekwini (Durban)	28
	<u>Ladies Beach Bikini</u>			
	<u>Under 163cm</u>			
1	Joanne	Thornton	Ethekwini (Durban)	33
2	Elzaan	Le roux	Ethekwini (Durban)	34
3	Erin	Elliott	Ethekwini (Durban)	30
4	Bongiwe	Gumede	Ethekwini (Durban)	32
	<u>Over 163cm</u>			
1	Nikita	Van Der Merwe	Ethekwini (Durban)	38
2	Nina	Nel	UThungulu (Richards Bay)	37
3	Lauren	Waltham	Ethekwini (Durban)	36
4	Amy	Locke	Ethekwini (Durban)	35
5	Ashley	Minnie	Ethekwini (Durban)	40

Place	Name		Province / District	No.
6	Tayla	Pierrot	Ethekwini (Durban)	39
	<u>Ladies Bikini</u>			
	<u>Under 166cm</u>			
1	Jamie-Lee	Glazer	iLembe (Kwa Dukuza)	43
2	Jamey	Olsen	Ethekwini (Durban)	45
3	Melissa	Connolly	Ethekwini (Durban)	46
	<u>Over 166cm</u>			
1	Anja	Haberkorn	Ethekwini (Durban)	50
2	Lauren	Waltham	Ethekwini (Durban)	36
3	Tayla	Pierrot	Ethekwini (Durban)	39
4	Candice	Van Rijsbergen	Ethekwini (Durban)	48
5	Jeanne	Lombard	Ethekwini (Durban)	47
6	Porcia	Dlamini	Umgungundlovu (Pietermaritzburg)	49
	<u>Over 35 years</u>			
1	Melissa	Connolly	Ethekwini (Durban)	46
2	Candice	Van Rijsbergen	Ethekwini (Durban)	48
3	Jeanne	Lombard	Ethekwini (Durban)	47
	<u>Ladies Physique</u>			
1	Zamile	Nduli	Ethekwini (Durban)	51
2	LINDIWE ISABEL	MCHUNU	UThungulu (Richards Bay)	52
	<u>Ladies Body Fitness</u>			
1	Deodat	Du Plessis	Ethekwini (Durban)	56
2	Alyssa	Ramdass	Ethekwini (Durban)	55
3	Nikita	Janse van Vuuren	Ethekwini (Durban)	44
4	Elize	du Preez	Ethekwini (Durban)	54
	<u>Classic Bodybuilding</u>			
1	Leslie	Thornton	Ethekwini (Durban)	58
2	Sudeshan	Naidoo	Umgungundlovu (Pietermaritzburg)	61
3	William	Sithole	Zululand (Ulundi)	62
4	Ishkar	Singh	Ethekwini (Durban)	59
5	Andrew	Langa	iLembe (Kwa Dukuza)	57
6	Simeon	Goddard	Umgungundlovu (Pietermaritzburg)	14
	<u>Bodybuilding</u>			
	<u>Junior under 23yrs under 75kg</u>			
1	Sbongakonke	Mthembu	Ethekwini (Durban)	65
2	Matthew	Thompson	Ethekwini (Durban)	64
3	Simon	Satywa	Amathole (East London)	63
	<u>Junior under 23yrs over 75kg</u>			
1	Dane	Mcfarlane	Ethekwini (Durban)	66
2	Nkonzenhle	Gumede	Umgungundlovu (Pietermaritzburg)	67
	<u>Bodybuilding</u>			
	<u>up to 70kg</u>			
1	Vusumuzi Wiseman	Nhleko	UThungulu (Richards Bay)	69
2	William	Sithole	Zululand (Ulundi)	62
3	Sifundo Sipehelele	Msane	UThungulu (Richards Bay)	72

Place	Name		Province / District	No.
4	Luthando	Thinyane	Sisonke (Ixopo)	68
5	Michael Thandokihle	Miya	0	71
	<u>up to 80kg</u>			
1	Langelihle	Ngcobo	Ethekwini (Durban)	75
2	Sudeshan	Naidoo	Umgungundlovu (Pietermaritzburg)	61
3	Njabulo	Mbandlwa	Umgungundlovu (Pietermaritzburg)	74
4	Chad	Roux-Nel	Ethekwini (Durban)	16
5	Siphiwe	Gxothiwe	Ethekwini (Durban)	73
	<u>up to 90kg</u>			
1	Nkululeko "Mgure"	Sikhakhane	Umgungundlovu (Pietermaritzburg)	19
2	Leslie	Thornton	Ethekwini (Durban)	58
3	Dane	Mcfarlane	Ethekwini (Durban)	66
4	Mthobisi	Ngcobo	Ethekwini (Durban)	77
5	Nadeem	Osman	Umgungundlovu (Pietermaritzburg)	78
6	Chad	Potgieter	Ethekwini (Durban)	76
	<u>over 90kg</u>			
1	Muzi	Mabaso	Ethekwini (Durban)	79
	<u>Masters over 40yrs</u>			
1	Nelson	Mthembu	Ethekwini (Durban)	81
2	Jabulani	Buthelezi	Ethekwini (Durban)	80
3	Vusumuzi Wiseman	Nhleko	UThungulu (Richards Bay)	69
4	Nadeem	Osman	Umgungundlovu (Pietermaritzburg)	78
5	Andrias	Ndlovu	Ethekwini (Durban)	82
6	Gonny	Reddy	Ethekwini (Durban)	83
	<u>Ladies Fit Model</u>			
1	Nina	Nel	UThungulu (Richards Bay)	37
2	Joanne	Thornton	Ethekwini (Durban)	33
	<u>Ladies Overall</u>			
1	Tehila	Helberg	Ugu (Port Shepstone)	26
	<u>Men's Overall</u>			*
1	Muzi	Mabaso	Ethekwini (Durban)	79
	<u>Sports Excellence Award</u>			
	Shannon Leigh	Vermeulen		