

Broad AIM of the SAIDS Education Plan:

In compliance with the International Standard for Education 2021¹, education to the following target groups is mandatory* &/or high-priority:

- 1. *Athletes (junior to senior levels) that are long-, short-listed, final Team to represent South Africa at any Continental* or international event* (including Qualifier* events) > need to be educated PRIOR to participation in the event
 - a. To ensure timeous implementation/completion of education activities, the mandatory pool will be widened to include the pool of athletes who may become eligible for inclusion in the Team such as Provincial- and National-level athletes/teams > long-lists / short-lists of athletes.
 - b. Your International Federation may also have specific target pools, events, and anti-doping education activities that they require NFs to implement, and which needs to be considered in the education plan.
- 2. *Athletes returning from a SANCTION (education is mandatory at least 1-6 months before return to the sport).
- 3. *Athletes in SAIDS Registered Testing Pool (RTP) or National Testing Pool (NTP).
- 4. *Athlete Support Personnel (ASP) involved with 1 3 above.
- 5. Any target groups identified by SAIDS as high-risk / high-priority and specified in the Education Plan.
 - a. Education activities to be extended to cover athletes and ASP along the athlete development pathway e.g., schools, junior teams / talented athletes, club, university, provincial and national levels.
 - b. Athletes Support Personnel and relevant Stakeholders.

Education Activities on offer:

- e-Learning: WADA Anti-Doping Education & Learning (ADEL) platform complete the relevant course(s) applicable to level or athlete or ASP (Certificate of completion)
- 2. Attend a SAIDS Education Session Online webinar or in-person workshop# (name documented attendance register)
- Event-based education (Outreach#) at prominent events. #COVID permitting
- Promotion / use of SAIDS website as a readily available, credible source of information and resources.

¹ International Standard for Education (ISE) 2021: file:///Users/amanda/Downloads/International-Standard-Education-ISE-2021%20(1).pdf

5. Follow SAIDS social media platforms – exp			71197919-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-2-			
The NF-specific Education Activity Plan (target a	The NF-specific Education Activity Plan (target audiences / groups, activities, and timing) need to be planned in collaboration with SAIDS and as early in the year as possible thando@saids.org.za.					
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SAIDS EDUCATION PLAN 2023 – BODYBUILDING SA	26 JAN 2023					
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RRSA	Education	Artivity	Plan:

Priority Target Group	Wider Target Pool	Education Activity	By when	Actions
National- and Internatio	nal-level Athletes	and ASP –	T	DDCA + tif- CAIDC of their calendar
A. SA National Champs Athletes B. 5 World Teams 1. Juniors (U/23yrs) 2. Senior Men 3. Senior Ladies 4. Masters 5. Fit Model - All team members on final list need to have completed their education prior to start of International Tournaments.	Athletes participating in Regional and Provincial selection shows = 'National long-list' (Eligible athletes, on long- and short-lists)	1: e-Learning — mandatory Complete a WADA Anti-Doping Education & Learning Programme - a. Access via https://adel.wada-ama.org/learn or via SAIDS website home page www.drugfreesport.org.za b. Register on the ADEL platform — select SOUTH AFRICA as country of origin c. Athletes to complete the following Programme: o ADEL for International-level athletes d. Submit certificate of completion to SAIDS. 2: Face-to-Face* Session or Online webinar - - Could be done to supplement e-Learning. a. Conducted by a SAIDS Educator b. Names/Signatures on Attendance Register provided to SAIDS as proof of completion of an anti-doping education activity.	By Aug each year	- BBSA to notify SAIDS of their calendar with prominent events annually > Provincial, National, International, and Qualifier events; Training Camps etc.; Any other target groups they deem as high priority. - BBSA to communicate the requirement to their Athletes and Athletes Support Personnel (ASP) (in Target Group(s)). O Pro-actively, timeously and in collaboration with SAIDS identify and schedule anti-doping education activities during the annual calendar. ■ NOTE: the Workshop or Webinar could be done as one main session for all to attend or could be done separately per target group. O BBSA to assist with providing the following documentation to SAIDS: 1. Team Lists for International events.

*Athletes returning	Option 1 – e-Learning OR	Ad hoc	SAIDS will communicate and setup the
from SANCTION	Option 2 – Attend SAIDS EDU session		requirement with sanctioned athletes.

Priority Target Group	Wider Target Pool	Education Activity	By when	- Actions
New Athletes / Novice events A. International events for 2023/24?		1: e-Learning – mandatory - Athletes to complete the following e-Learning Programme: - ADEL for Talented Athletes (Juniors) OR - ADEL for National-level athletes (Senior / Masters athletes)	Sept	- Timeframe buy when to be confirmed with SAIDS.
	2	2: Face-to-Face* Session or Online webinar - Details as above	?	- Exact date of session to be arranged v SAIDS – these athletes could join the s webinar / workshop as per National-la athletes
Judges	New and 'existing'	1: e-Learning – mandatory a. Judges to complete the following e-Learning Programme: • ADEL for High-Performance Coaches	By March	
		2: Face-to-Face* Session or Online webinar Could be done to supplement e-Learning. a. Conducted by a SAIDS Educator b. Names/Signatures on Attendance Register.	?	- Exact date of session to be arranged with SAIDS

Athletes Support Personnel (ASP) - Other

Coaches, Medical		1: e-Learning –	?	Ideal for e-Learning
personnel	Other?	Any of the relevant WADA ADEL courses:		
	Parents	- ADEL for High-Performance Coaches		*
		- ADEL for Medical Professionals or		
		- ADEL for Parents Course		
		Attend Face-to-Face Session or Webinar a. Presented by SAIDS Educator b. Name / Signature documented on Attendance Register	Exact date tbc	- could join one 'main' education session (webinar / workshop) with any of the other groups as per above.

Additional notes:

e-Learning valid for a 24 month period (i.e. each person will receive an email from ADEL when the certificate is about to expire and requested to do a refresher course). Provided that they attended an Education Session (webinar / workshop), annually?

Regards

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