

**IFBB SA Champs 2022****RESULTS****GROUP B**

Place	Name		Province	No.
	<b>SESSION 1</b>			
	<b>Men's Class Physique u175</b>			
1	Ayanda	Piyo	Sedibeng (Vereeniging)	173
2	Kgaugelo	Lehong	Tshwane (Pretoria)	180
3	Bradley	Bhramadu	Kwazulu-Natal	172
4	Mpendulo	Sikhakhane	USSA	400
5	Evans	Mufamadi	Limpopo	177
6	Mthobisi	Ngcobo	USSA	176
	<b>Men's Class Physique o175</b>			
1	Zwelihle	Mbatha	Kwazulu-Natal	182
2	Keiran	Kruger	Johannesburg (Johannesburg)	184
3	Penny	Sambo	USSA	194
4	Juan	Matthee	Western Cape	183
5	Nnamdi	Ozoh	Tshwane (Pretoria)	188
6	Daniel	Maimela	Johannesburg (Johannesburg)	185
	<b>Men's Class Physique Overall</b>			
1	Zwelihle	Mbatha	Kwazulu-Natal	182
	<b>Ladies Body Fitness u168cm</b>			
1	Zoe	Ndaba	West Rand (Randfontein)	204
2	Cindy-Lee	Dredge	Buffalo City (East London)	199
3	Michelle	Tromp	Johannesburg (Johannesburg)	197
4	Buhle	Buthelezi	Kwazulu-Natal	195
5	Zanandi	Janse van Rensburg	Sedibeng (Vereeniging)	196
6	Michelle	Rörich	Tshwane (Pretoria)	200
	<b>Ladies Body Fitness o168cm</b>			
1	Margaret	Olivier	Sedibeng (Vereeniging)	209
2	Esmarralda	Greyling	Johannesburg (Johannesburg)	206
3	Nadene	Basson	Western Cape	207
4	Jenelle	Botha	Johannesburg (Johannesburg)	208
	<b>Ladies Body Fitness Masters 35y</b>			
1	Zoe	Ndaba	West Rand (Randfontein)	204
2	Cindy-Lee	Dredge	Buffalo City (East London)	199
3	Esmarralda	Greyling	Johannesburg (Johannesburg)	206
4	Michelle	Tromp	Johannesburg (Johannesburg)	197
5	Zanandi	Janse van Rensburg	Sedibeng (Vereeniging)	196
6	Michelle	Rörich	Tshwane (Pretoria)	200
	<b>Ladies Body Fitness Overall</b>			
1	Zoe	Ndaba	West Rand (Randfontein)	204

Place	Name		Province	No.
	<b><u>Ladies Physique</u></b>			
1	Melissa	Zaeimdar	Johannesburg (Johannesburg)	215
2	Katy	Slabber	Western Cape	213
3	Dawn	Hall	Mpumalanga	216
4	Adele	Jacobs	Limpopo	212
5	Amelia	Smidt	Mpumalanga	214
6	Liz	Aarloo	Mpumalanga	218
	<b><u>SESSION 2</u></b>			
	<b><u>Classic Bodybuilding u175cm</u></b>			
1	Nwabisile	Jezile	O R Tambo (Umtata)	226
2	Johnathan	Koeberg	Tshwane (Pretoria)	223
3	Sule	Kasie	Mpumalanga	228
4	Tharish	Ragubeer	Kwazulu-Natal	220
5	Katiso	Qholosha	Kwazulu-Natal	224
6	Steven	Chasane	Sedibeng (Vereeniging)	227
	<b><u>Classic Bodybuilding o175cm</u></b>			
1	James	Sebopelo	North West	229
2	Juan	Matthee	Western Cape	183
3	Sheldon	Turner	Limpopo	235
4	Ian	Cornell	Kwazulu-Natal	230
5	Roche	Van Aarde	Johannesburg (Johannesburg)	236
6	Wessel	Odendaal	Mpumalanga	233
	<b><u>Classic Bodybuilding Master o40</u></b>			
1	Naiem	Ally	Kwazulu-Natal	237
2	Marco	Ferrucci	Buffalo City (East London)	239
3	Jacques	Venter	Johannesburg (Johannesburg)	238
	<b><u>Classic Bodybuilding Overalls</u></b>			
1	Nwabisile	Jezile	O R Tambo (Umtata)	226
	<b><u>Junior Bodybuilding 16 to 20 yr</u></b>			
1	Sibusiso	Mazibuko	Mpumalanga	245
2	Thabani	Masinga	USSA	244
3	Junior	Lebohang Rubusa	Ekurhuleni (Germiston)	241
4	Sphesihle Penwell	Mthembu	USSA	246
5	Bayanda	Mdletshe	USSA	242
6	Lennon	Mogoru	Limpopo	252
	<b><u>Junior Bodybuilding 21-23 u75</u></b>			
1	Lindile Prince	Shem	USSA	254
2	Mlungisi	Mbuyazi	USSA	258
3	Mthandei	Denelson Radebe	Sedibeng (Vereeniging)	255
4	Francois	Nel	Johannesburg (Johannesburg)	247
5	Lindinkosi	Dumbe	O R Tambo (Umtata)	248
6	Ntuthuko	Zwane	USSA	251

Place	Name		Province	No.
	<b><u>Junior Bodybuilding 21-23 o75</u></b>			
1	Jean-Luc	Maurel	Kwazulu-Natal	260
2	Hanno	Greyling	Tshwane (Pretoria)	262
3	Peter	Phiri	Johannesburg (Johannesburg)	261
4	Lloyd	Muchero	Limpopo	263
	<b><u>Snr Bodybuilding u65kg</u></b>			
1	Maxwell	Nxumalo	Kwazulu-Natal	264
2	Mthobeli	Mbuthuma	O R Tambo (Umtata)	272
3	Zakes	Ndzamela	O R Tambo (Umtata)	266
4	Mboneleli	Behluli	USSA	271
5	Vuyo	Ngemntu	O R Tambo (Umtata)	265
6	Bokang	Marema	Ekurhuleni (Germiston)	268
	<b><u>Snr Bodybuilding u70kg</u></b>		<b><u>TOP 6</u></b>	
1	Kasonkola	Molefe	North West	274
2	Johnathan	Koeberg	Tshwane (Pretoria)	223
3	Sizwe	Mnqanqeni	Buffalo City (East London)	278
4	Vuyo	Vanda	O R Tambo (Umtata)	282
5	Siphiwo	Ntamo	USSA	281
6	Siyabonga	Mollo	Mpumalanga	275
	<b><u>SESSION 3</u></b>			
	<b><u>Snr Bodybuilding u75kg</u></b>			
1	Sanga	Gijana	Buffalo City (East London)	288
2	Knowledge	Mapfumo	Kwa Zulu Natal	292
3	William	Sithole	USSA	284
4	Sule	Kasie	Mpumalanga	228
5	Roche	Van Aarde	Johannesburg (Johannesburg)	290
6	Zolisile	Nyembezi	Ekurhuleni (Germiston)	285
	<b><u>Snr Bodybuilding u80kg</u></b>			
1	THANDUYISE	NTSIMBI	Kwazulu-Natal	301
2	Ninja Wiseman	Shabalala	Kwazulu-Natal	307
3	Lindani Michael	Hlongwana	Kwazulu-Natal	295
4	Uzair	Bhabha	Sedibeng (Vereeniging)	298
5	Jerome	Nayanah	Kwazulu-Natal	296
6	Quintin	Bezuidenhout	Sedibeng (Vereeniging)	297
	<b><u>Snr Bodybuilding u85kg</u></b>			
1	Oscar	Ratya	Western Cape	311
2	Lemon Njabulo	Hlatshwayo	Kwazulu-Natal	313
3	Sheldon	de klerk	Kwazulu-Natal	309
5	Oswald	Tonkin	Mpumalanga	315
4	best	maluleke	Johannesburg (Johannesburg)	316
6	Gideon	Honyini	Limpopo	317

Place	Name		Province	No.
	<b><u>Snr Bodybuilding u90kg</u></b>			
1	Nnamdi	Ozoh	Tshwane (Pretoria)	325
2	Mbulelo	Mbenenge	Johannesburg (Johannesburg)	320
3	Sinenhlanhla Michael	Ngubane	West Rand (Randfontein)	319
4	Gawie	Nel	Tshwane (Pretoria)	323
5	Juan	Pelser	Limpopo	322
	<b><u>SESSION 4</u></b>			
	<b><u>Snr Bodybuilding u95kg</u></b>			
1	Abongile	Bhele	Buffalo City (East London)	331
2	Nkululeko "Bayanda"	Cele	Kwazulu-Natal	333
3	Patrick	Maweto	Limpopo	332
4	Bongile	Dladla	Buffalo City (East London)	192
5	Kobus	Liebenberg	Northern Cape	329
6	Simphiwe	Nhlengethwa	USSA	330
	<b><u>Snr Bodybuilding u100kg</u></b>			
1	Ashton	Mitchell	Kwazulu-Natal	335
2	Kobus	Botha	Mpumalanga	334
	<b><u>Snr Bodybuilding o100kg</u></b>			
1	Wanda	Khuzwayo	Kwazulu-Natal	336
2	Curtis	Howells	Johannesburg (Johannesburg)	339
3	Christopher	Brent	Nelson Mandela (Port Elizabeth)	337
4	Henry	Swart	Tshwane (Pretoria)	338
	<b><u>Bodybuilding Masters o40yrs</u></b>			
1	Quintin	Bezuidenhout	Sedibeng (Vereeniging)	297
2	Luvuyo	Zamane	Buffalo City (East London)	310
3	Andre	Pieterse	Ekurhuleni (Germiston)	342
4	Ashton	Mitchell	Kwazulu-Natal	335
5	Chris	Louw	Tshwane (Pretoria)	341
6	Lucky	Nkosi	Mpumalanga	343
	<b><u>Bodybuilding Masters o50yrs</u></b>			
1	Curtis	Howells	Johannesburg (Johannesburg)	339
2	Pat	Petela	Sedibeng (Vereeniging)	344
3	Gawie	Nel	Tshwane (Pretoria)	323
4	Bongani Phumelele	Pepu	O R Tambo (Umtata)	312
5	Mark	Van biljon	West Rand (Randfontein)	347
6	Karl	Seventer	Johannesburg (Johannesburg)	346
	<b><u>Bodybuilding Overall</u></b>			
1	Oscar	Ratya	Western Cape	311