

**IFBB SA Champs 2018****RESULTS**

<b>No.</b>	<b>Name</b>	<b>Province</b>	<b>Place</b>
<b><u>GROUP B</u></b>			
<b><u>Women's Wellness Fitness</u></b>			
192	Victoria Sethabela	Sedibeng	1
188	Annelize Dohne	Kwa Zulu Natal	2
189	Nombulelo Hlathi	North West	3
193	Veronique Mitchell	Ekurhuleni	4
186	Irina Tokar	Gauteng Central	5
194	Caryann Bhramadu	Kwa Zulu Natal	6
<b><u>Ladies Fitness Bikini up to 160</u></b>			
198	Rachel Brun	Kwa Zulu Natal	1
204	Natasha Koekemoer	Kwa Zulu Natal	2
197	Anel Coetzee	Gauteng Central	3
212	Cecile Swart	North West	4
206	Farai Gomwe	Gauteng Central	5
196	Lauren Kok	Sedibeng	6
<b><u>Ladies Fitness Bikini up to 166</u></b>			
202	Shelby Jessica Neves	Gauteng North	1
213	Savannah Jay Prenzler	Western Province	2
211	Marina Murray	Nelson Mandela Bay	3
217	Micaela Markides	Gauteng North	4
210	Kego Senokoane	Sedibeng	5
214	Larisse Naidoo	Gauteng North	6
<b><u>Ladies Fitness Bikini up to 172</u></b>			
222	Talitha Mayhew	Kwa Zulu Natal	1
220	Simone Caroline Harmsworth	Kwa Zulu Natal	2
221	Megan Wesson	Gauteng Central	3
223	Dianna Looock	Mpumalanga	4
<b><u>Ladies Fitness Bikini over 172</u></b>			
227	Hayley T-Rex Wright	Kwa Zulu Natal	1
226	Anneke Jordaan	Gauteng North	2
229	Stephany Delatour	West Rand	3
230	Jacquiline Grobler	Buffalo City	4
228	Lezane Rademeyer	North West	5
<b><u>Fitness Bikini o35yr up 166</u></b>			
231	Elsa de Sousa Bronco	Kwa Zulu Natal	1
232	Caroline Jooste	Gauteng North	2
234	Isabelle Klusener	Western Province	3
233	Debbie Ivins	Kwa Zulu Natal	4
<b><u>Fitness Bikini o35yr over 166</u></b>			
237	Izette Strydom	Kwa Zulu Natal	1
236	Sonette Zeelie	Mpumalanga	2
239	Kate Koen	Kwa Zulu Natal	3
247	Savyn Outram	Mpumalanga	4

<b>No.</b>	<b>Name</b>	<b>Province</b>	<b>Place</b>
238	Antoinette Nel	Gauteng Central	5
	<b><u>Fitness Bikin over 40 years</u></b>		
252	Karien Van der Wal	Mpumalanga	1
246	Rowanne Morris	Gauteng Central	2
250	Lizette Van Rensburg	Sedibeng	3
243	Alison Barnett	Western Province	4
241	Gill Holm	Kwa Zulu Natal	5
249	Isstelle J-Bosch	Western Province	6
	<b><u>Ladies Body Fitness up to 163cm</u></b>		
255	Cindy - lee Dredge	Buffalo City	1
257	Andrea Amier	Kwa Zulu Natal	2
256	Shirley Ann Meintjies	Gauteng North	3
258	Melanie Ann Gordon	West Rand	4
260	Sandra Groenling	Gauteng Central	5
259	Leanne Keelips	Gauteng North	6
	<b><u>Ladies Body Fitness up to 168cm</u></b>		
263	Nolene Burrage	Ekurhuleni	1
262	Helmine van Zyl	Kwa Zulu Natal	2
	<b><u>Ladies Body Fitness over168cm</u></b>		
269	Dominique Froneman	Gauteng North	1
268	Anneke Erasmus Mulder	Sedibeng	2
271	Chelese Hubner	West Rand	3
270	Elrine Terblanche	Western Province	4
264	Junelle Dobbins	Sedibeng	5
	<b><u>Men Bantamweight u65kg</u></b>		
279	Tshezi Unathi	OR Tambo	1
273	Sinalo Soci	Buffalo City	2
277	Tshepang Scheepers	North West	3
278	Yanga Dlakavu	Buffalo City	4
286	Johannes Lekganyone	Ekurhuleni	5
274	Morena Mokolokolo	Sedibeng	6
	<b><u>Men Lightweight u70kg</u></b>		
282	Vuisile Mnyameni	North West	1
285	Steve Nako	Buffalo City	2
284	Harash Ramaruk	Kwa Zulu Natal	3
292	Rusty Sayed	Gauteng Central	4
280	Bongani Manene	Sedibeng	5
288	Nkosi Magugu	Ekurhuleni	6
	<b><u>Men Welterweight u75kg</u></b>		
297	Simon Mwelase	Mpumalanga	1
294	Mzukisi Busani	Buffalo City	2
302	Benni Balepile	Gauteng North	3
303	Lazarus Shereni	North West	4
306	Lefa Madisha	Gauteng Central	5

<b>No.</b>	<b>Name</b>	<b>Province</b>	<b>Place</b>
296	Abonga Jibiwli	Nelson Mandela Bay	6
	<b><u>Men Light Middleweight u80kg</u></b>		
304	Njabulo Cele	Kwa Zulu Natal	1
295	France Moseki	North West	2
314	Rodney Moses	Western Province	3
313	Jan Cilliers	Sedibeng	4
299	Tebogo Malebana	Sedibeng	5
319	Star Tshikang	North West	6
	<b><u>Men Middleweight u85kg</u></b>		
317	Daniel Mathloha	Gauteng Central	1
318	Sanjay Juggernath	Kwa Zulu Natal	2
316	Terry Thompson	Sedibeng	3
321	Mbongeni Hlongwane	Kwa Zulu Natal	4
322	Barry Taylor	Gauteng North	5
308	Mfa Khoza	Kwa Zulu Natal	6
	<b><u>Men Light Heavyweight u90kg</u></b>		
331	Awonke Ngoma	Kwa Zulu Natal	1
325	Smangaliso Notha Sibisi	Kwa Zulu Natal	2
323	Andile Marasi	OR Tambo	3
329	Juan Gierz	Western Province	4
324	Manny Jardine	North West	5
327	Thomas Antonio	Northern Cape	6
	<b><u>Men up to 95kg</u></b>		
334	Wanda Khuzwayo	Kwa Zulu Natal	1
338	Koketso Makakase	North West	2
333	Shaun Emmerick	Mpumalanga	3
	<b><u>Men up to 100kg</u></b>		
339	Emmanuel Bukhosini	Kwa Zulu Natal	1
332	Emmanuel Forson	Ekurhuleni	2
335	Christopher Palmer	Sedibeng	3
	<b><u>Men over 100kg</u></b>		
342	Bennie Pelser	Sedibeng	1
341	Dewald Barendse	Gauteng Central	2
	<b><u>Mixed Couples</u></b>		
344	Simonne Paarman & Jacques Du Preez	Nelson Mandela Bay	1
	<b><u>Fitness Bikini Overall</u></b>		
202	Shelby Jessica Neves	Gauteng North	
	<b><u>Body Fitness Overall</u></b>		
269	Dominique Froneman	Gauteng North	
	<b><u>Mens Overall</u></b>		
317	Daniel Mathloha	Gauteng Central	