

Competition:**Millenium Gold Plate****Date:****08 April 2017****Names****Placings****JUNIORS UNDER 18 YEARS**

Matthew Robinson	1
Peace Tsotetsi	2
Denzel Mbengo	3
Schalk Liebenberg	4

JUNIORS UNDER 23 UP TO 75KG

Noel Nhlanhla	1
Divan Minaar	2
Sibusiso Sikhosana	3
Raimond Holtzhausen	4
Xolani Ngondolo	5
Anthony Muller	6

Sajidh Khan	7
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JUNIORS UNDER 23 OVER 75KG

James Shongwe	1
Innocent Mabaso	3
Corne van Niekerk	2
Erik van Heerden	4
Junior Masilela	5
Rowan McGregor	6

Jaco Oberholzer	7
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Corne Janse van Rensburg	8
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Tivane Smanga	10
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Kevin Meyer	10
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Deran Corke	11
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Alpha Moyo	12
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MASTERS 40+

Johan Boshoff	1
Nico Fourie	2
Shakeel De Boer	3
Joan Celestino	4
Rusty Sayed	5
Tshepo Zondo	6

Vaui Yaseen	7
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Rudi vd Bank	8
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Pat Petela	9
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Marthinus Taljaard	10
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SENIOR CLASSIC BB UP TO 175CM

Aadil Kahn	1
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Yaseen Vali	2
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Abashe Isa Nasir	3
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Silver Mene	4
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SENIOR CLASSIC BB OVER 175CM

Sheldon Oakes	1
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Clifton Bezuidenhout	2
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Piet Brink	3
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Xavier Mgidlana	4
Pierre Jonker	5
Thabo Mthimunye	6

Kobus du Plessis	7
Reiner Diedrichsen	8
Daniel van Staden	9

LADIES WELLNESS FITNESS

Quenita Breet	1
Bijancke Zapheriu	2
Denise Roux	3
Chelsea Bester	4

BODY FITNESS

Carine Kloenne	1
Emmerentia Rautenbach	2
Rina Campbell	3
Sanet Eggett	4
Karen de Bruin	5
Annie Franke	6

Shirley Ann Meitjies	7
Loren Hutton	8
Yolandie Botha	9
Dudu Dlangalala	10
Lelanie Paige	11

LADIES PHYSIQUE

Amanda Strydom	1
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LADIES BEACH BIKINI UP TO 163 CM

Delaine Sardinha	1
Tanza Eagles	2
Cherydene Jonck	3
Annegret Spies	4
Alta van Rooyen	5
Simone Cardoso	6

Ciara Eckermans	7
Simone Kriel	8
Alicia Kirsten	9
Angelique de Bruyn	10

LADIES BEACH BIKINI OVER 163 CM

Mell Theron	1
Monique Eloff	2
Teagan Becks	3
Tanya van Vuuren	4
Tarryn Wessels	5
Lauren Jameson	6

MENS ATHLETIC PHYSIQUE UP TO 178CM

Collen Kekana	1
Ryno van Heerden	2
Gerhardt Snyman	3
Tebogo Manaka	4

Hazem Malaka	5
David White	6

Derick Duckles	7
Renier Naude	8
Zishaan Khan	9
Innocent Thabethe	10

MENS ATHLETIC PHYSIQUE OVER 178CM

Jacques Fagan	1
Hendri Stoltz	2
Jason Lopes	3
Michael Hare (Master)	4
Herman Muller (Master)	5
Chase Field	6

Henry Ackhurst	7
Zander de la Rey	8
Jason Wood	9
Norman Brits (Master)	10

MENS MUSCULAR ATHLETIC PHYSIQUE

Roger de Kramer	1
Andre Pieters	2
Juan Pretorius	3
Ryan Claridge	4
Michael Morgan	5
Rual Laubscher	6

Jeandre Visagie	7
Washinton Dinis	8
Bendwala Asfak	9
Sakhumzi Mbobo	10

LADIES FITNESS BIKINI UP TO 166 CM

Micaela Markides	1
Louisa Britz	2
Kylie Jardine	3
Leanne Keelips	4
Vaughneen Veale	5
Robyn Mayes	6

Leonie Kruger	7
Iryna Tokar	8
Abby van Staden	9
Odette Holtzhausen	10
Sonia Matos	11

LADIES FITNESS BIKINI OVER 166 CM

Steffi Brink	1
Sonette Zeelie	2
Pamela Ndhlovu	3
Stephany Delatour	4
Logan Coleman	5

Kaylee Slabbert	6
Meghan Hennessy	7
Rowanne Morris	8
Natasha Ehlers	9
Melindy Jacobs	10

MASTERS FITNESS BIKINI OVER 35

Karien vd Wal	1
Belinda Grooteman	2
Delene dos Santos	3
Rowanne Morris	4
Kim Carnell	5
Robyn Mayes	6
Kirsty Baxter	7
Doret Rademan	8
Vaughneen Veale	9
Odette Holtzhausen	10
Sonia Matos	11
Carol Barrie	12

MEN'S BODYBUILDING UP TO 70 KG

Sandile Memela	1
Tshepiso Masilo	2
Thepelo Masidineeli	3
Peter Nkhatho	4
Augustine Paige	5
Bafana Msimang	6
Leon Palm	7

MEN'S BODYBUILDING UP TO 80 KG

Morne vd Berg	1
Daniel Matloga	2
Thomas van Baalen	3
Arnold Lincoln	4
Michael Paradza	5
William Molefe	6
Themba Vakele	7
Gift Thaledi	8
Mike Mnguni	9
Patrick Mango	10
Tsotetsi Dira	11

MEN'S BODYBUILDING UP TO 90 KG

Johnny Lucas	1
Musi Maluleke	2
Stephen Mensah	3
Frikkie van Niekerk	4
Khulekani Sibiyi	5
Bildre Mjoli	6
Thembelani Tshikolo	7
Lourens Kriel	8

Rasehlo Kgothatso	9
Kenneth Tobane	10
Craig Huxtable	11
George Poolman	12
Gipsy Malesoema	13

MEN'S BODYBUILDING OVER 90 KG

Innocent Mabaso	1
Shanti Mitchell	2
Corne van Niekerk	3
Michael Masikela	4
Danie Hanekom	5
Clarence Manjengwa	6
Eddie Huss	7
Seth Abel	8
Jabu Motileni	9
Bongani Zazaza	10
Jaco Combrink	11
Rudi Pretorius	12