

<b>RESULTS - IFBB KZN OPEN 2017</b>			
<b>Place</b>	<b>Name</b>	<b>Gym</b>	<b>No.</b>
<b><u>Juniors under 23 (under 75kg)</u></b>			
1	Philani Gabela	MUT Gym	12
2	Musa Malangeni	UKZN Westville Gym	11
3	Siphesihle Michael Mgwanya	UKZN Edgwood Gym	10
4	Siphesihle Mthembu	A2K Newcastle	13
5	Mbongiseni Shogwe	Fitness Master Gym	9
6	Wanda Chamu	Muscle & Fitness Waterfall	15
<b><u>Juniors Under 23 (over 75kg)</u></b>			
1	Jean rasman	ORA Gym	24
2	Notha Sibisi	Virgin Active Overport	18
3	Sandile Nkosi	Dundee Gym & Fitness Centre	21
4	Jaimie Lee Reddy	Better Body Health Studio	17
5	Samutelo Trueman Ndlovu	Genesis Youth Centre Gym	22
6	Donnie Thabana	PNS / George Campbell Gym	23
<b><u>Ladies Body Fitness</u></b>			
1	Helmine van Zyl	Muscle & Fitness	35
2	Karen de Beer	Hudsons Angels	32
3	Shelly Andrews	Rishape Fitness	26
4	Jessie-Dale Rodrigues	Superbodies	33
5	Norma Dercksen	Nico van Wyk alias Nic Nitros	27
6	Nonhlanhla Mondlama	Muscle & Fitness	28
<b><u>Master over 40 (1 lineup)</u></b>			
1	Terrence Pillay	Bodyguru Gym	39
2	Michael Page	Future Fitness VA Westville	36
3	Barry Austin	Virgin Active Toti	37
4	Johan Els	Virgin Active Richards Bay	38
<b><u>Veterans Over 50 (1 lineup)</u></b>			
1	Dumisani Jali	Virgin Active	46
2	Nash Singh	BTD	47
<b><u>Ladies Fitness Bikini over 35yr</u></b>			
1	Delia Kroll	Desiree Maple Fitness	56
2	Jacqueline Lewis	Lewis Living Winston Park	60
3	Carrie-Anne van Heerden	Ramsey's Conditioning	57
4	Liesl Damstra	Virgin Active Bloemfontein	55
5	Teresa Nel	ECT Fit	61
6	Brenda Robyn Halliday	Empire SA	59
<b><u>Mens Athletic Physique und178cm</u></b>			
1	Sergio van Leeve	ECT Fit	80
2	Neil van Rooyen	ECT Fit	81
3	Wesley Durga	Action Plus	71
4	Zain Bux	Intense Gym	76

5	Liza Nonjola	UKZN PMB Gym	83
6	Alex Lovett	ECT Fit	79
<b><u>Ladies Physique (1 lineup)</u></b>			
1	Kayise Cece	Virgin Active Pinetown	85
<b><u>Mens Classic Bodybuilding</u></b>			
1	Naiem Ally	Pro Nutrition	98
2	Smiler Pereira	Hudson Freaks	94
3	Gordon Stacey	Virgin Active Ballito	92
4	Oliver Williams	Hudson's Freak	100
5	Sandiesh Moothie Ram	Gym Junkies Sports Nutrition	95
6	Werner Hack	Virgin Active Westville	93
<b><u>Mens Athletic Physique ove178cm</u></b>			
1	Ryan Leach	Virgin Active Ballito	111
2	Trent Powell	Virgin Active Kloof	112
3	Anthony McKenzie	Virgin Active Kloof	108
4	Dyllan Desfontaines	ECT Fit	106
5	Krishan Pal Singh Sengiar	Elite Human Resources	109
<b><u>Ladies Beach Bikini under163cm</u></b>			
1	Maxine Booysen	Rishape Fitness	118
2	Lindie Oosthuizen	Ramsay's Conditioning	119
3	Melissa Kannigan	Version 2	120
4	Kerry Williams	Doorman Nutrition	121
<b><u>Men's Muscular Physique</u></b>			
1	Skye Powell	ECT Fit	131
2	Bertu Moolman	DD Fitness	129
3	Leon van der Merwe	ECT Fit	130
4	Kyle Cary-Smith	ECT Fit	132
<b><u>Mixed Couples</u></b>			
1	Barry & Liezl Austin	Virgin Active Toti	139
<b><u>Mens Bantamweight under 65kg</u></b>			
1	Philani Gantsa	Superbodies Margate	145
2	Aphelele Ngoma	Virgin Active Pavillion	144
3	Phiwayinkosi Manqele	Mandeni Gym	149
4	Arnold Pather	Rishape Fitness	143
5	Maxwell Nxumalo	Maxis Gym	148
6	Mkhekiseni Mdletshe	Max Gym	146
<b><u>Ladies Beach Bikini over163cm</u></b>			
1	Nancy Ellis	Virgin Active Ballito	156
2	Jizelle Kotze	BTD Team	153
3	Kylie Daly	Elite Human Performance	155
4	Jennifer-Lee Barnard	Team Marvel Kloof	154
<b><u>Mens Lightweight under 70kg</u></b>			
1	Miguel Mawmo	Hotel Cardoso Mozambique	163

2	Khumbulani Ndlovu	Virgin Active Red	165
3	Imraaz Wahab	Action Plus Chatsworth	166
4	Simphiwe Zondi	Virgin Active Overport	164
5	Andile Matebulu	New Active Newcastle	167
<b><u>Ladies Fitness Bikini under163</u></b>			
1	Jamie-Lee Glazer	BTD	180
2	Rachel Brun	Rishape Fitness	177
3	Natasha Koekemoer	Ramsay's Conditioning	179
4	Desiree Maple	Ramsay's Conditioning	178
5	Jade Warman	Hudson's Angels	176
6	Roberta Pretorius	Angels of Fitness	181
<b><u>Mens Welterweight under 75kg</u></b>			
1	Trevor Alexander	House of Stone	193
2	Novmiso Shude	Superbodies Margate	191
3	Khulekani Nxumalo	Virgin Active Richards Bay	192
4	Kurt Esbend	Rishape Fitness	189
5	Phatho Jali	Marvel Team	190
6	Mthokozisi Sithole	Mandeni Gym	195
<b><u>Ladies Fitness Bikini over163cm</u></b>			
1	Simone Harmsworth	Hudsons Angels	200
2	Catherine Sainsbury	Rishape Fitness	202
3	Biance Daubinet	Virgin Active Hillcrest	209
4	Angelique Roux	Ramsey's Conditioning	204
5	Kelly Stegen	Bikini Evolution	210
6	Nonhlanhla Linda	Virgin Active Kings Park	207
<b><u>Mens Light Middleweight und80kg</u></b>			
1	Ninja Wiseman Shabalana	New Active	217
2	Bongani M Ngcobo	Planet Fitness	218
3	Mbuso Nkhonza	Muscle & Fitness	214
4	Seth Martin	ECT Fit Online Coaching	215
5	Sihle Tati	Virgin Active Workshop	216
<b><u>Ladies Wellness Fitness</u></b>			
1	Angela Howden	Hudson's Angels	224
2	Demi Kriel	Empire	225
3	Tamarin Wakefield	The Marvel Team	227
4	Chelsea Bester	Muscle & Fitness	223
5	Genevieve Joubert	Muscle & Fitness Pinetown	226
<b><u>Mens Middleweight under 85kg</u></b>			
1	Andile Marasi	Motion Fitness Mthatha	234
2	Sipho Zulu	ECT-Fit & USN	235
3	Lungani Sima	Superbodies Margate	239
4	Jeremias Nuvunga	Underground Gym	233
5	Celumusa Mthimkhulu	UKZN PMB Gym	240

6	Mbongeni Mhlongwane	Marvel Team	236
<b>Mens Light Heavyweight und90kg</b>			
1	Sandile Sibiya	Mandeni Gym	245
2	Andile Shazi	Superbodies Margate	243
3	Spheshile Comfort Langa	Mandeni Gym	244
<b>Mens Heavyweight under100kg</b>			
1	Jared Pieters	Fit Guru Consulting	254
2	Mario van Biljon	Body Guru	257
3	Prishen Sivanarain	Xtreme Vegetarian	265
4	Mohammed Fahroodeen	Virgin Active Moses Mabhida	256
<b>Mens Overall - R2,500 cash prize sponsored by Bob&amp; Weave</b>			
	Miguel Mawmo	Hotel Cardoso Mozambique	163
<b>Overall Ladies Fitness - R2,500 cash prize sponsored by Bob&amp; Weave</b>			
1	Jamie-Lee Glazer	BTD	180
<b>Best Poser</b>			
1	Naiem Ally	Pro Nutrition	98