

IFBB SA Champs 2017

Place	Name	Province	No.
	<u>GROUP B</u>		
	<u>Mens Fitness</u>		
1	Peter Lekoma	North West	233
	<u>Women's Wellness Fitness</u>		
1	Angela Howden	Kwa Zulu Natal	240
2	Victoria Sethabela	Sedibeng	238
3	Odette Janse V Rensburg	Gauteng Central	250
4	Litsoanelo Setarumane	Gauteng West Rand	242
5	Quenita Breet	Sedibeng	235
6	Rethabile Moabi	Gauteng North	248
	<u>Ladies Fitness Bikini up to 160</u>		
1	Rachel Brun	Kwa Zulu Natal	255
2	Desiree Maple	Kwa Zulu Natal	253
3	Jade Warman	Kwa Zulu Natal	261
4	Nombulelo Hlathi	North West	265
5	Jayde Yates	Western Province	256
6	Roxy Amas	Kwa Zulu Natal	263
	<u>Ladies Fitness Bikini up to 163</u>		
1	Nicolene Booysen	Western Province	269
2	Micaela Markides	Gauteng North	270
3	Zelmarie Fourie	Gauteng North	272
4	Cindy Lee Dredge	Buffalo City	276
5	Bianca Buys	Gauteng Central	277
6	Izell Erasmus	Mpumalanga	267
	<u>Ladies Fitness Bikini up to 166</u>		
1	Shelby Neves	Gauteng Central	290
2	Claudette Renney	Gauteng Central	285
3	Tshiamiso Maila	North West	288
4	Tanya Cronje	Western Province	281
5	Angilque Burjins	Nelson Mandela Bay	282
6	Esmari Prinsloo	Mpumalanga	286
	<u>Ladies Fitness Bikini up to 172</u>		
1	Carmen Botha	Mpumalanga	293
2	Irina Nesterova	Gauteng North	298
3	Cindy Royle	Kwa Zulu Natal	294
4	Simone Harmsworth	Kwa Zulu Natal	296

5	Jessica Lovett	Gauteng Central	301
6	Diana Loock	Mpumalanga	297
	<u>Ladies Fitness Bikini over172</u>		
1	Stephany Delatour	Gauteng West Rand	305
2	Marizelle du Plessis	Sedibeng	303
3	Nonhlanhla Linda	Kwa Zulu Natal	306
4	Christelle Botha	Gauteng West Rand	295
5	Kelly Stegen	Kwa Zulu Natal	302
	<u>Fitness Bikini over 35 yrs</u>		
1	Karien van der Wall	Mpumalanga	313
2	Firdous Asmodien	Western Province	318
3	Sonette Zelie	Mpumalanga	300
4	Elmarie Kolver	Gauteng West Rand	317
5	Tanja Cloete	Gauteng North	326
6	Jacqueline Lewis	Kwa Zulu Natal	311
	<u>Ladies Body Fitness up to 163cm</u>		
1	Karen de Beer	Kwa Zulu Natal	334
2	Marelize Stander	Gauteng Ekurhuleni	332
3	Caryn Tyler	Gauteng North	330
4	Melanie Gordon	Gauteng Central	335
5	Jade Bell	Buffalo City	340
6	Norma Dercksen	Kwa Zulu Natal	331
	<u>Ladies Body Fitness up to 168cm</u>		
1	Carine Kloenne	Nelson Mandela Bay	342
2	Lieze Gie	Western Province	347
3	Nicola Murphy	Western Province	350
4	Helmine van Zyl	Kwa Zulu Natal	344
5	Nolene Burrage	Gauteng Ekurhuleni	346
6	Candice Whitehead	Gauteng North	345
	<u>Ladies Body Fitness over168cm</u>		
1	Erika Marais	Western Province	343
2	Sam Martingano	Gauteng West Rand	359
3	Nomzobo Cuba	Gauteng North	358
4	Verushka van Jaarsveld	Western Province	357
5	Elrine Terblanche	Western Province	354
6	Yolandi Botha	Gauteng West Rand	355
	<u>Men Bantamweight u65kg</u>		
1	Vuyo Vanda	OR Tambo	367

2	Sinato Soci	Buffalo City	371
3	Mthobeli Mbuthuma	OR Tambo	362
4	Tshepiso Masilo	North West	373
5	Aphelele Ngoma	Kwa Zulu Natal	369
6	Mawabo Mxakuveni	OR Tambo	375
	<u>Men Lightweight u70kg</u>		
1	Mvesi Tapi	Buffalo City	380
2	Steve Nako	Buffalo City	394
3	Achmat Richards	Western Province	379
4	Marco Gouws	Mpumalanga	381
5	Tsepo Kgame	Gauteng Central	386
6	Vivian Januarie	Western Province	382
	<u>Men Welterweight u75kg</u>		
1	Simon Mwelase	Mpumalanga	389
2	Mandla Msongelwa	Kwa Zulu Natal	388
3	Tinotanda Mafuto	Nelson Mandela Bay	395
4	Mzukisi Busani	OR Tambo	387
5	Angelo Tursini	Gauteng Central	393
6	Wiseman Shabalana	Kwa Zulu Natal	398
	<u>Men Light Middleweight u80kg</u>		
1	Glenn Molobela Potego	Mpumalanga	412
2	Marc Krom	Gauteng Central	405
3	Alastair Hyatt	Western Province	400
4	Johan Lazenby	North West	399
5	Alfred Bethani	Buffalo City	403
6	Oscar Ratya	Western Province	404
	<u>Men Middleweight u85kg</u>		
1	Albert Le Roux	Gauteng Central	408
2	Juan Gierz	Western Province	413
3	Sandile Sibiya	Kwa Zulu Natal	410
4	Andile Marasi	OR Tambo	402
5	Albert Ntamane	Gauteng West Rand	415
6	Markus Landman	Gauteng North	407
	<u>Men Light Heavyweight u90kg</u>		
1	Andrew Raath	Gauteng Central	417
2	Manny Jardine	North West	416
3	Dylan Kapp	Gauteng Central	418
4	Jean Nel	Gauteng North	414

	<u>Men Heavyweight u100kg</u>		
1	Gerhard Nel	Mpumalanga	422
2	Tristan Van Aarde	Nelson Mandela Bay	425
3	Clint Frank Horsley	Sedibeng	424
4	Chi Ndyonba	Gauteng Central	434
5	Jared Pieters	Kwa Zulu Natal	423
6	Mario van Biljon	Kwa Zulu Natal	429
	<u>Men Super Heavyweight o100kg</u>		
1	Sibusiso Khuzwayo	Kwa Zulu Natal	436
2	John Leslie	Gauteng Ekurhuleni	435
3	Koketso Makakase	North West	428
4	Henri Swart	Gauteng North	427
	<u>Fitness Bikini Overall</u>		
	Chanel Erwee	Gauteng North	104
	<u>Body Fitness Overall</u>		
	Carine Kloenne	Nelson Mandela Bay	342
	<u>Men Bodybuilding Overall</u>		
	Mvesi Tapi	Buffalo City	380
	<u>Best Poser</u>		
	Aphelele Ngoma	Kwa Zulu Natal	369