

Gentle Giant Classic 2018**FULL LISTING**

Place	Name	Sponsors / Trainer	No.
	<u>Junior under 23 years u75kg</u>		
1	Nhlanhla Phakathi	V. Mandandazi	2
2	Oscar Monyamane	#REF!	4
	<u>Junior under 23 years o75kg</u>		
1	James Shongwe	Clinton	13
2	Erik van Heerden	TNT Mercury	18
3	Sandile Nkosi	Cosmic Transport	14
4	Peace Tsoetsi	Anja Retief	21
5	Philip Msimango	#REF!	20
6	Sibusiso Sikhosana	#REF!	16
	<u>Mens Athletic Physique Junior</u>		
1	David Tshose	0	27
2	Ayrton de Freitas	Diamond Nutrition	25
3	Ephias Mkutchwa	0	32
4	Ivanson Abilio	0	37
5	Adriano Nadja	Kratos / Caze	36
6	Andre van Tonder	Paul Grobler	23
	<u>Athletic Physique u176cm</u>		
1	David Tshose	#REF!	27
2	Boaventura Macuacua	3D Nutrition	43
3	Ivanison Abilio	#REF!	37
4	Philani T Zondo	#REF!	52
5	Liza Nonjola	0	50
6	Abram Kekana	Mike	42
	<u>Athletic Physique u179cm</u>		
1	Clive Brent	Titan Nutrition SA	54
2	Adriano Nadja	#REF!	56
3	Hernani	#REF!	55
4	Kelven Assamo	#REF!	35
	<u>Athletic Physique o179cm</u>		
1	Ruben Fernando Howana	#REF!	64
2	Khulekani Mkhize	#REF!	66
3	Francois Chapman	#REF!	63
4	Donovan Suddes	#REF!	61
5	Shaun Herlis	Jaco de Bruyn	67
6	Jean-Paul Schermers	#REF!	65

Place	<u>Name</u>	Sponsors / Trainer	<u>No.</u>
	<u>Athletic Physique Masters</u>		
1	Christopher Monde	#REF!	73
2	Quinton Bridger	Bongani	72
3	Coert Wiechers	Clinton	74
4	Denton Goodford	#REF!	71
	<u>Senior Classic BB u175cm</u>		
1	France Moseki	#REF!	79
2	Silvino Ouana	Pro Nutrition	78
3	Kamal Malaka	Xtyle	81
4	Ilidio Taju	#REF!	77
5	Niketan Chopde	Youthful Living	80
6	Jaco Sadie	Sasol Gym	82
	<u>Seniuor Classic BB u180cm</u>		
1	Carlo Cantalupo	In Motion	85
2	Lyle Singh	#REF!	88
3	Anton van der Riet	#REF!	89
4	Romario van Wyk	Norman van Wyk	87
5	Lutécio Carlos Macava	#REF!	86
6	Oscar Monyamane	#REF!	90
	<u>Senior Classic BB o180cm</u>		
1	Ziyaad Martin	Mubeen Bassa	95
2	Yaseen Davids	Nhlanhla Mazibuko	96
3	Cliff Bezuidenhout	Armand Fourie	93
4	Ogopoleng Seikaneng	#REF!	97
	<u>Ladies Beach Bikini Junior u23</u>		
1	Leiere Falck	Nutritech & Wildcat	101
2	Anja van Niekerk	#REF!	104
3	Sinead Kotze	Riaan Dohne	103
4	simone scharrighuisen	#REF!	100
5	Nadia Marais	Aubrey Preston	102
6	Cailyn Van Tonder	#REF!	98
	<u>Ladies Beach Bikini u163cm</u>		
1	Anesca Gouws	Pro Supps	106
2	Svet-Roann Loubser	#REF!	107
3	Cheryldene Jonck	Surreal Aesthetics	111
4	Melanie Conceicao	Jaco Venter	113
5	Cassel van der Walt	Infinity Fitness	108
6	Celeste Rheeder	Jaco Benadie	109

Place	<u>Name</u>	Sponsors / Trainer	<u>No.</u>
	<u>Ladies Beach Bikini o163cm</u>		
1	Leiere Falck	Nutritech & Wildcat	101
2	Michelle Moore	#REF!	124
3	Aliza Greyling	Wikus van Dyk	118
4	Larissa Meyer	Essie	123
5	Jamie van der Walt	#REF!	120
6	Nastassja Welgemoed	Drienkie Visagie	125
	<u>Masters o40 u80kg</u>		
1	Terrence Pillay	Fit 24 Gym	128
2	Niketan Chopde	Youthful Living	80
3	Eddie Muller	#REF!	130
	<u>Masters o40 o80kg</u>		
1	Dumisani Jali	#REF!	140
2	Brandon de Sasa	#REF!	137
3	Stef Marais	#REF!	135
4	Martin Vezi	#REF!	134
5	Aubrey Preston	Conrad Nagel	141
6	Andre Gerber	#REF!	136
	<u>Classic Physique u180cm</u>		
1	Robespeare Remy Bopda	#REF!	150
2	Ahmed Naeih	#REF!	148
3	Sifiso Mtande	#REF!	147
	<u>Classic Physique o180cm</u>		
1	Ziyaad Martin	Mubeen Bassa	95
2	Juan Matthee	#REF!	156
3	Frits Veldman	#REF!	155
4	Deon Tolken	#REF!	153
	<u>Women's Wellness Fitness</u>		
1	Nombulelo Hlathi	Oarabile Butshelo	164
2	Chene de Vos	Conrad Nagel	170
3	Annelize Dohne	Born To Dominate	158
4	Veronique Mitchell	Riaan Dohne / NPL	167
5	Nicole Pienaar	Clinton Crause	163
6	Melanie Gordon	Andrew Hudson	171
	<u>Body Fitness u168cm</u>		
1	Gladys Tladi	#REF!	177
2	Cindy Dredge	#REF!	176

Place	<u>Name</u>	Sponsors / Trainer	<u>No.</u>
3	Sophia Potgieter	#REF!	175
4	Alyssa Ramdass	Total Rebuild	173
5	Lisa Greenacre	Daniel Wessels	179
6	Laurika Griessel	#REF!	178
	<u>Body Fitness o168cm</u>		
1	Rina Campbell	Michelle Guest	187
2	Candice Pearson	James Miller	186
3	Tanya Roskilly	John Lucas	185
	<u>Musclur Mens Physique</u>		
1	Nhlanhla Vilakazi	#REF!	189
2	Eclesiaste Gabriel	#REF!	200
3	Zane van den Berg	Tristan Marais	197
4	Panduleni Nekomba	#REF!	194
5	Stephan Botha	Louis Morne van Zyl	196
6	Jason Mc Auliff	Mubeen Bassa	198
	<u>Women's Physique</u>		
1	Annamarie Barnard	#REF!	203
2	Amanda Strydom	Kefei	208
3	Kaycee Mbambo	Team Iron Soldier	204
4	Katy Brand	Juan Matthee	207
5	Laura de Vos	Terrence Pillay	205
	<u>Bikini Fitness u166cm</u>		
1	Jamie-Lee Glazer	BTD	224
2	Savannah Prenzler	Alastair Hyatt	220
3	Kristen van der Lingen	Caryn Tyler	227
4	Dariia Kolomoiets	Ella Dospinina	214
5	Claudia Jovanovski	#REF!	213
6	Natalie Heyns	Rishape Fitness	217
	<u>Bikini Fitness u172cm</u>		
1	Melissa Clark	Grant Ramsay	231
2	Karien van der Wal	#REF!	232
3	Izette Strydom	Bernard Groenewald	229
4	Thato Seopa	Chrome SA	252
5	Diana Loock	Born To Dominate	228
6	Mary-Ann Ueckermann	Sheldon Venter	230
	<u>Bikini Fitness o172cm</u>		
1	Cassandra de Jager	Clinton Crause	237

Place	<u>Name</u>	Sponsors / Trainer	<u>No.</u>
2	Sonette Zeelie	Annelize Dohne	242
3	Rowanne Morris	Jono Miller	243
4	Cindy Willemse	Jolene Levinson	241
5	Doreen Kumbatira	#REF!	239
6	Chantel Le Roux	Annelize Dohne	238
	<u>Bikini Fitness o35years</u>		
1	Karien van der Wal	#REF!	232
2	Izette Strydom	Bernard Groenewald	229
3	Sonette Zeelie	Annelize Dohne	242
4	Rowanne Morris	Jono Miller	243
5	Alison Barnett	Alister Hyatt	244
6	Cindy Willemse	Jolene Levinson	241
	<u>Senior Men's BB u70kg</u>		
1	Philani Gabela	#REF!	3
2	Modiakgotla Mokubung	#REF!	256
3	Cyril Mbili	Mike	260
4	Walter Thale	Metabolic Health	259
5	Clayton dean Collophen	#REF!	254
6	Tomas Nhabanga	Boaventora	258
	<u>Senior Men's BB u80kg</u>		
1	Alain Nji	Focus Group / Gavin	263
2	Alexandre Moamba	#REF!	277
3	Mfanufikile Khoza	Iron Soldier	272
4	Stefanus Shikongo	#REF!	287
5	Njabulo Cele	Body Art Fitness	274
6	Garikayi Mujuru	#REF!	266
	<u>Senior Men's BB u90kg</u>		
1	Michael Adonis	Wanda Fourie	288
2	Clayton Gordon	USN / IR Fitness Shop	285
3	Dumisani Jali	#REF!	295
4	Michael Appelcryn	TNT Ciccone	286
5	Kenny Baloyi	Lunga	284
6	Romano Botes	Francois	293
	<u>Senior Men's BB u100kg</u>		
1	Ziad Adou Mekdachi	#REF!	299
2	Wanda Khuzwayo	Iron Soldiers	300
3	David Joubert	Pro Prep Foods	296

Place	<u>Name</u>	Sponsors / Trainer	<u>No.</u>
4	Mervin Davis Dugasse	#REF!	298
5	Phillip Labuschagne	#REF!	302
6	Petros Chakwanda	#REF!	301
	<u>Senior Men's BB o100kg</u>		
1	Hector Godfrey Thelco	Muz Monster	310
2	Emmanuel Bukhosini	PNS	311
3	Shanti Mitchell	Federico Focherini	309
4	Thokozani Mntambo	Thabani	308
5	Donovan van den Berg	#REF!	10
6	Antoine Muller	Obet Motsepe	307
	<u>Mixed Couples</u>		
1	Niketan Chopde	#REF!	80
2	Marissa Erasmus & Romano Botes	#REF!	293
3	Terrence Pillay & Laura de Vos	#REF!	128