



BBSA CALENDAR 2019

SANCTIONED SHOWS FOR ARNOLD CLASSIC AFRICA QUALIFIERS

09-Mar	Champions Arise	Gauteng Central
13-Apr	Millennium Gold Plate	Gauteng Central
13-Apr	King Shaka Classic	Layman's Lamens Productions, Durban, KZN
04-May	Puma Classic	Mpumalanga
04-May	Buffalo City Bodybuilding Challenge	KM Sports
04-May	Shameen Classic	Western Province
15-Jun	SA Xtreme (JHB)	Gauteng North
22-Jun	Youth Body Spectaculour	KM Sports
13-Jul	Boksburg Classic	Gauteng Central
28-Sep	SA Xtreme (Cape town)	Western Province
18-19 Oct	OR Tambo Classic	Umtata
26-Oct	Amabutho Bodybuilding Challenge	KM Sports
02-Nov	Southen Africa, OR Tambo Bodybuilding Classic	KM Sports
02-Nov	Mr & Miss West Rand	Krugersdorp Town Hall
16-Nov	XFE Classic	Gauteng Central
29-30 Nov	Tshwane Extravaganza	Bambo Cares, Gauteng
07-Dec	Summer Superbodies	Johannesburg

FEBRUARY 2019

02-Feb	Judges & Refreshers Course	Buffalo City
02-Feb	Judges & Refreshers Course	Eastern Province - Nelson Mandela Bay
09-Feb	Combined New Judges / Refresher Course	Gauteng Province
09-Feb	Judges Examination	Buffalo City
11-Feb	Executive Meeting	Buffalo City
16-Feb	Athletes Meeting	Buffalo City
16-Feb	Athletes Seminar	West Rand
16-Feb	Judges Course / Refresher	Mpumalanga
23-Feb	National Executive Election	National

MARCH 2019

02-Mar	Athletes Seminar	Mpumalanga
02-Mar	Athletes Seminar	Gauteng Central
02-Mar	Athletes Seminar	Easten Province
02-Mar	Athletes Seminar & Posing Workshop	Gauteng North
09-Mar	Champions Arise	Gauteng Central
23-Mar	New Judge / Refresher Course	Easten Province - Nelson Mandela Bay
30-Mar	Judge / Refresher Course	OR Tambo
30-Mar	Novice Show	KwaZulu Natal

APRIL 2019

06-Apr	Novice Show	Mpumalanga
06-Apr	Novice Show (TBA)	Gauteng
06-Apr	Maxfit Knysna Showstoppers (novice)	Westen Province
13-Apr	Millennium Gold Plate	Gauteng Central
13-Apr	King Shaka Classic	KwaZulu Natal
13-Apr	Novice Show	Buffalo City
20-Apr	Novice Show	Easten Prvince - Nelson Mandela Bay
27-Apr	Kathu Classics	North Cape
27-Apr	Intermediate Show (Free State)	North West
27-Apr	Novice Show & Athletes Seminar	OR Tambo

MAY 2019

04-May	Athletes Posing Workshop	Gauteng North
04-May	Puma Classic	Mpumalanga
04-May	Buffalo City Bodybuilding Challenge	KM Sports
04-May	Shameen Classic	Western Province
17-19 May	Arnold Classic Africa	Sandton Convention Centre, Johannesburg

JUNE 2019

08-Jun	Intermediate Show	Mpumalanga
15-Jun	SA Xtreme - Johannesburg	Gauteng North
22-Jun	Youth Body Spectaculour	KM Sports
29-Jun	F & T Classic	North West
29-Jun	Intermediate Show	Easten Province

JULY 2019

06-Jul	Intermediate Show - East Coast Classic	KwaZulu Natal
13-Jul	Boksburg Classic	Gauteng Central
20-Jul	Intermediate Show	Buffalo City
27-Jul	Intermediate Show	OR Tambo

AUGUST 2019

03-Aug	North West Provincial Show	North West
03-Aug	Sedibeng Provincials	
17-Aug	North Cape Provincial Show	North Cape
17-Aug	Mpumalanga Provincial Show	Mpumalanga
17-Aug	Gauteng North Provincial Show	Gauteng North
17-Aug	West Rand vs Ekurhuleni and Gauteng Central Provincial Show	Gauteng Central
17-Aug	Western Province Championships	Western Province
24-Aug	KZN Provincial Show	KwaZulu Natal
24-Aug	Easten Province Provincial	Easten Province - Nelson Mandela Bay REGION
24-Aug	Buffalo City Championships	Buffalo City
31-Aug	OR Tambo Championships	OR Tambo

SEPTEMBER 2019

12 - 15 Sep	South African Championships	Emerald Casino, Vereeniging
28-Sep	SA Xtreme - Cape Town	Western Province

OCTOBER 2019

4-6 Oct	Gentle Giant Classic	Carnival City, Big Top Arena
12-Oct	BBSA PROTEA STARS - Capping Ceremony	Olympic House
19-Oct	OR Tambo Classic	Umtata
26-Oct	Amabutho Bodybuilding Challenge	KM Sports

NOVEMBER 2019

02-Nov	Mr & Miss West Rand Classic Bodies Competition	Krugersdorp Town Hall
02-Nov	Fitness Xtravaganza Cape Town - Intermediate Show	Westen Province
02-Nov	Southern Africa, OR Tambo Bodybuilding Classic	KM Sports
16-Nov	XFE Classic	Johannesburg
29-30 Nov	Tshwane Extravaganza Classic	Akasia Community Hall

DECEMBER 2019

07-Dec	Johannesburg Summer Superbodies	Johannesburg
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